Cobras

2005-2006

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Editors' Message

We want to thank everyone who supported us in making this yearbook. We deeply appreciate all of you who gave us pictures, information, ordered a yearbook, or helped in any other way. We could not have done it without the support from those who have helped.

I personally want to thank Stephanie Harnois. Her dedication and enthusiasm is what made this yearbook. Also, I want to thank Charlie Macke, who supported us even when things looked grim.

We hope that you will enjoy reflecting on your memories at Virginia Intermont College. We certainly put a lot of time and effort into making this yearbook as great as possible. We wish you the best of luck in the journey of life.

~Kathy Yaw

VIRGINIA INTERMONT

Printed in Canada

Our Home Away From Home

Faculty & Staff

John Allsteadt

Chip Bailey

Rick Barger

Tedd Blevins

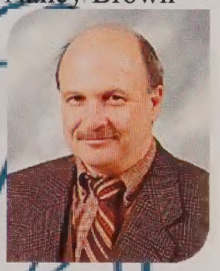
Nancy Brown

Joe Champagne

Heather Conley

Mary Connor

Jo Copeland


Philip Crowder

Eddie Federwisch

Robin Ferrell

Clarence Fouche

Bonnie Gable

Harolyn Gaudette

Sue Glover

Jacob Haught

Dave Hite

Edison Jennings

Lora Johnson

Jon Mehlferber

Lisa Moosemuller

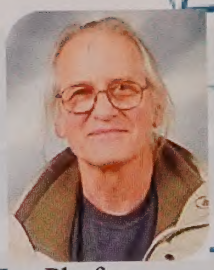
Ed Moura

Suzane Nash

Anne Noe

Jerry Opp

Eugene Peoples



Jay Phyfer

Gary Poulton

Robert Rainwater

Achille Riveiello

Mark Roberts

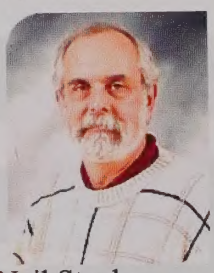
Con Sauls

Joseph Shehigh

Anne Shumaker

Mary Lou Smith

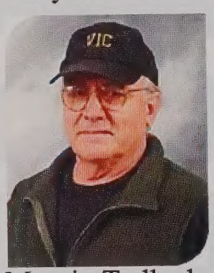
Greg Spurling



Neil Staples

Chris Stewart

Dan Stryk



Marvin Tadlock

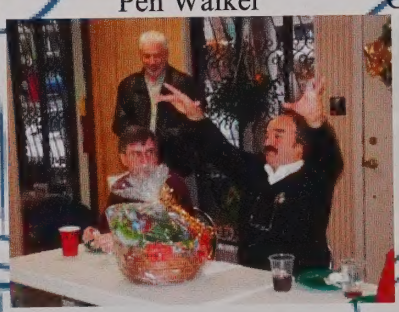
Patty Thiers

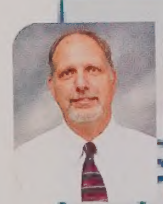
Pen Walker

Cynthia Ward

Rebecca Watson

Danny Whited





Charlie Macke
Dean of Students

Darby Peoples
Dir. Residential Life

Julius Gallishaw
Resident Director

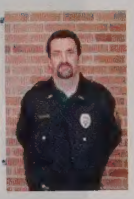
Andrea Reger
Resident Director

Reda Green
International Students

Barbara Holbrook
Support Services

Talmage Dobbins
Support Services

Douglas Hume
Religious Life



Chief Coe
Security

ONCE WHEN I WAS LITTLE CAN YOU GUESS WHO I AM?

Traditional Students

ADS

ME ALL GROWN UP

Ashley Booker

Bridgette
Samantha
Walker

Kelsey Duncan

Beth Collins

Michele Poston

Kay Peace

SUPERLATIVES

BEST SMILE

Brittany Hill

Ramon Younger

MOST SCHOOL SPIRIT

Dusty Tucker

Steven Cregger

MOST ATTRACTIVE

Zara Emezi

Diego Flaquer

CLASS FLIRT

Taylor Barlass

Devin Carr

MOST INTELLIGENT

Jessica Grundfast

Alex Novosad

FUNNIEST

Kat Rewilak

Casey Copsey

BEST PERSONALITY

Julianne Wilson

Predrag Brasic

MOST POPULAR

Dusty Tucker

Joe Stark

BEST DRESSED

Zara Emezi

Aaron Abate

FRIENDLIEST

Rachel Sheppard

Steven Cregger

BEST CLUB DANCER

Tia Terrell

Pat Marion

MOST TALENTED

Amanda Gorst

Steven Cregger

MOST ATHELTIC

Whitney Nash

Fernando Cabada

MOST OUTSPOKEN

Dyamond Silva

Shawn Peters

CUTEST COUPLE

Cassie Ralston and Alan Delahunty

BEST HAIR

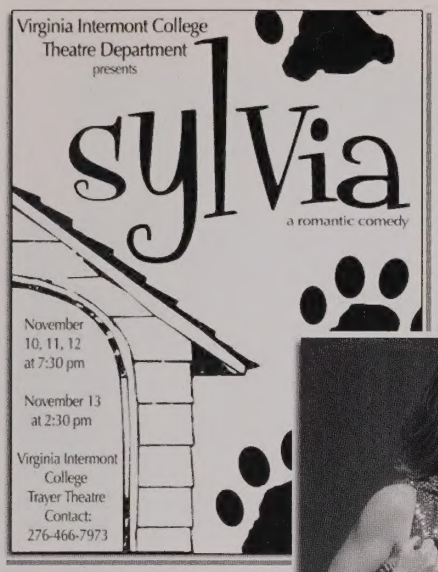
Kendra Eitel

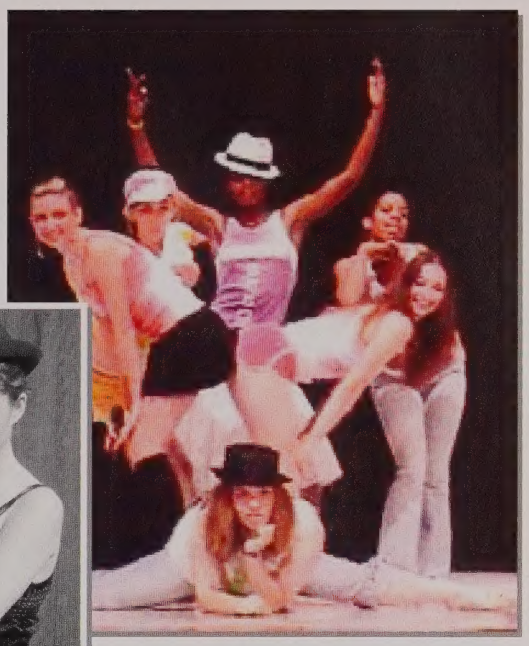
Ward Seymour

MOST LIKELY TO SUCCEED

Nicole Frazier

Jawansa Hall

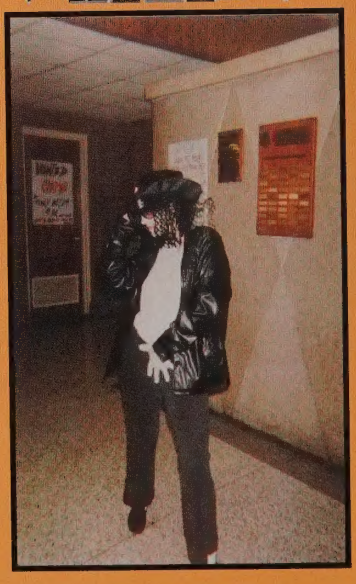




Fun Around Campus

Trick or Treat Time

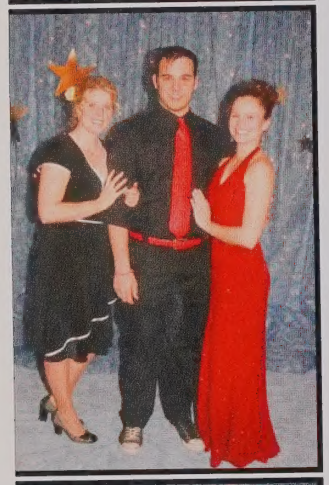
HALLOWEEN



HALLOWEEN

No matter what you are doing we always find time to dress up and have a little fun!

Our Fall Ball



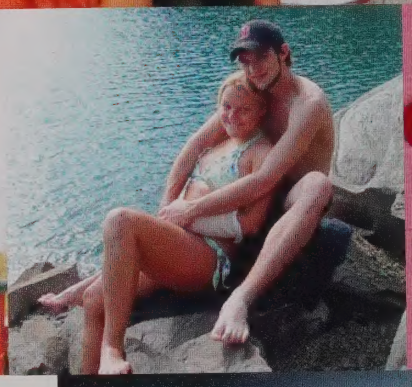
Queen & King

WINTER AT VT

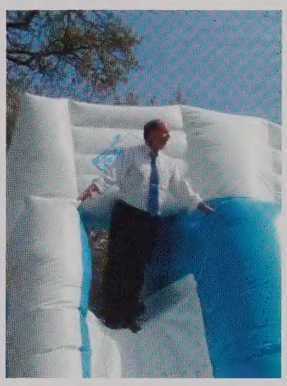
Snowball Fights, Snowboarding, & Sledding are always FUN!

SGA and Social Work always is helping people in the winter.

Valentine's Day & Couples

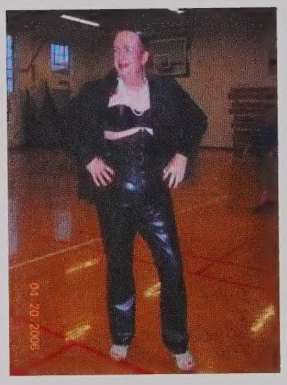


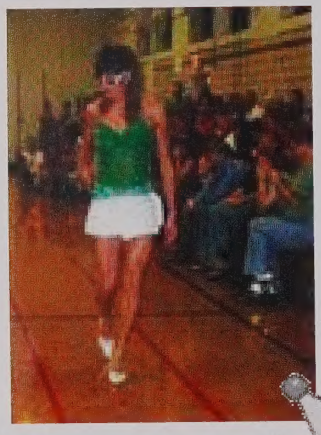
Spring Fling



FEAR FACTOR

Male Beauty Pageant



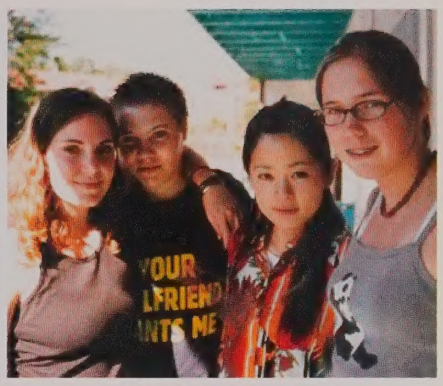


May Court

Ball

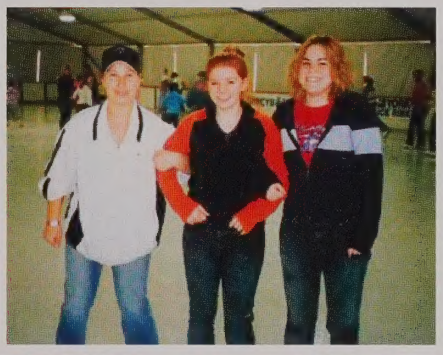
Organized by APO

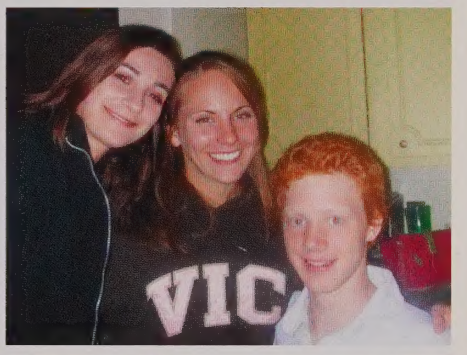
FRIENDS Last A LIFETIME !

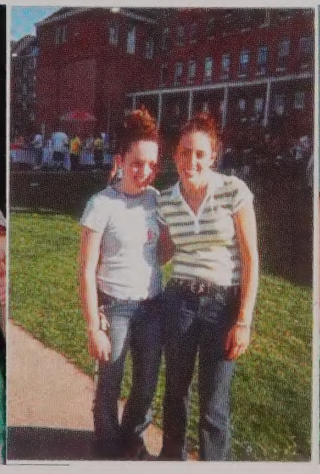


ROOTS

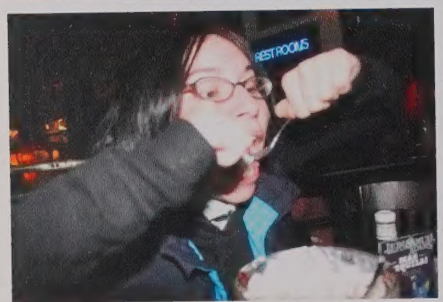
bebe




VIC

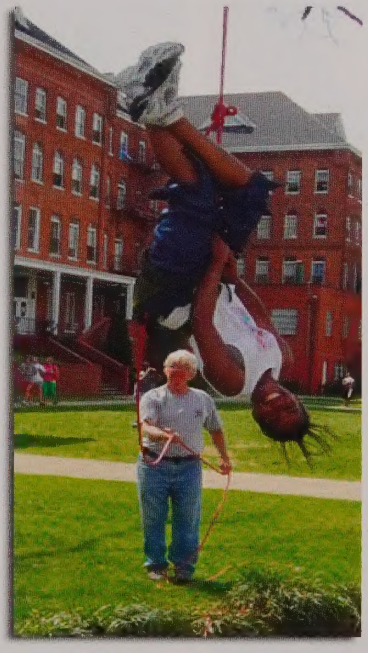
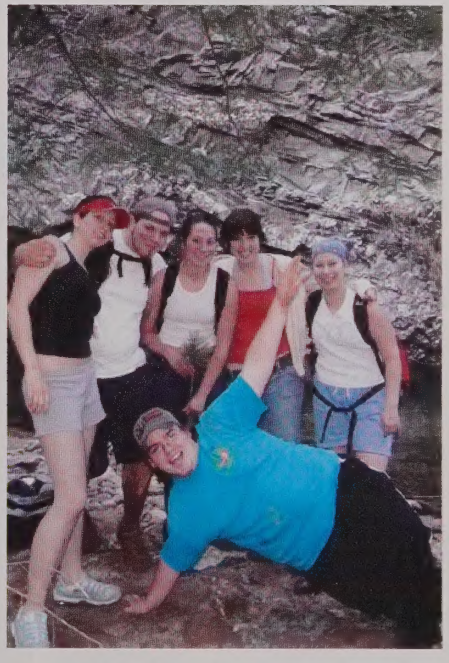


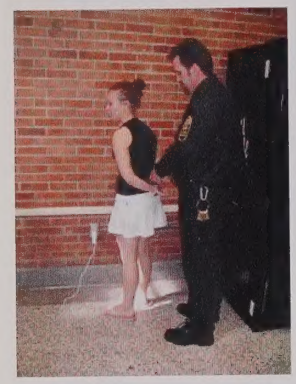
NIGHT LIFE



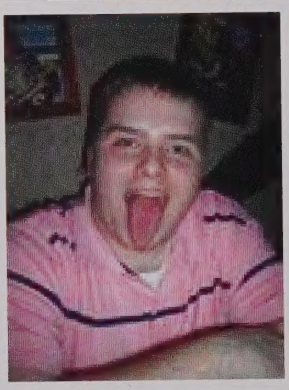
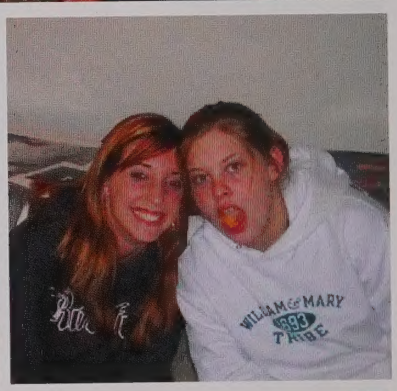
Kodak Moments

Craziness is allowed during school Time.



ABERCR



WILLIAM & MARY
1994
TABE

Cobras

Herals Courrier

Our World of Sports

Herals Courrier

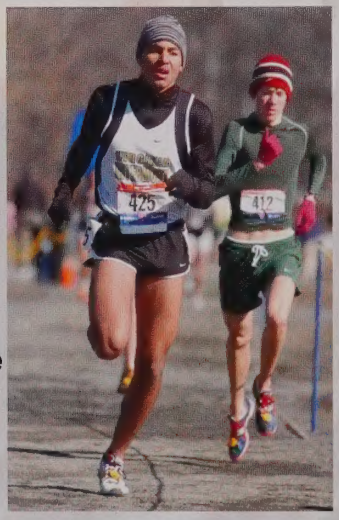
Track & Cross Country

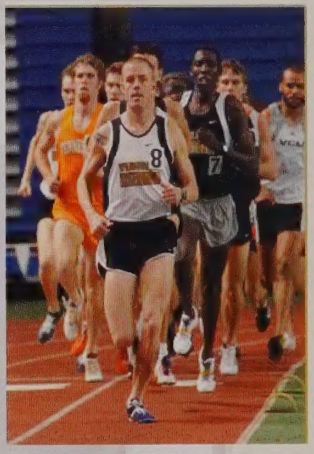
Coaches

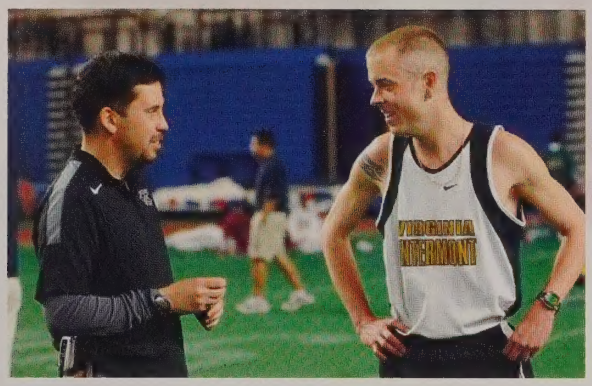
Seniors

The Virginia Intermont College Cross Country team claimed a second national championship Saturday, November 19th 2005, in Louisville, Ky. The Cobras ran well to win their second straight NAIA title.

The men's team finished second in the indoor National where as the women's finished 13th overall. The cobras tokk 6th place in the outdoor National.

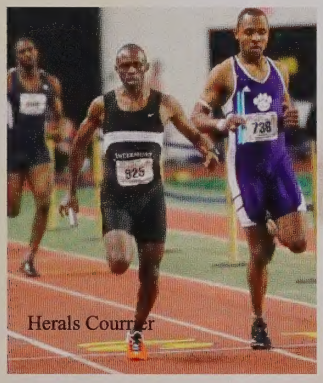




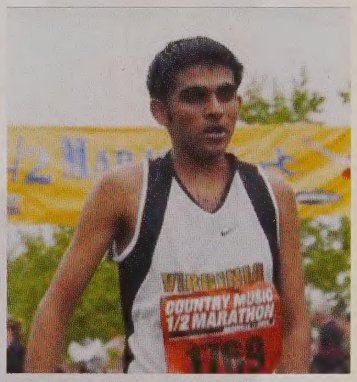


Herals Courrier

Herals Courrier



Herals Courrier



Equine

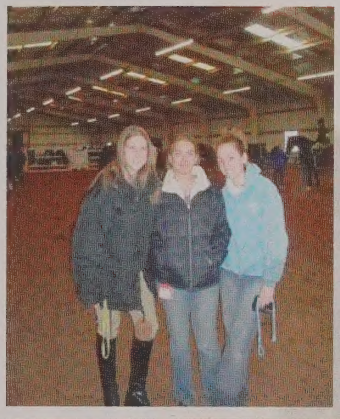
IHSA

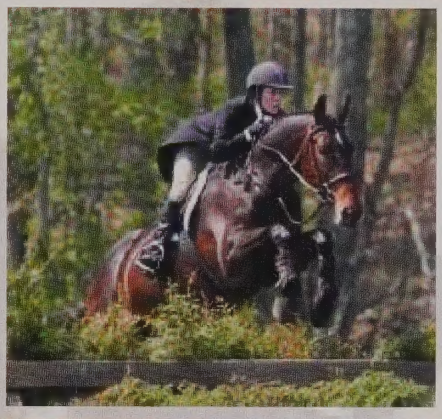
Coaches

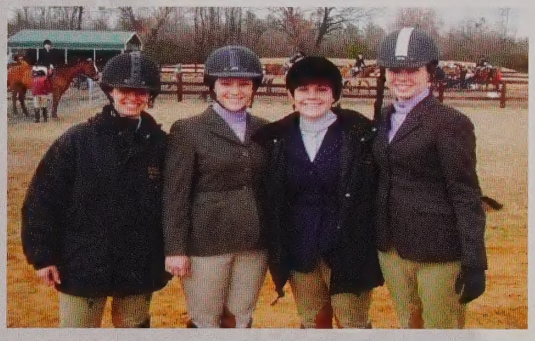
IDA

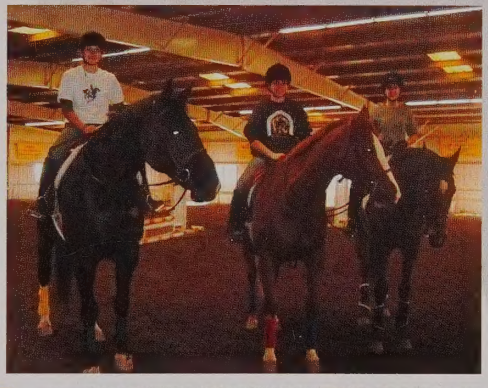
ISRA

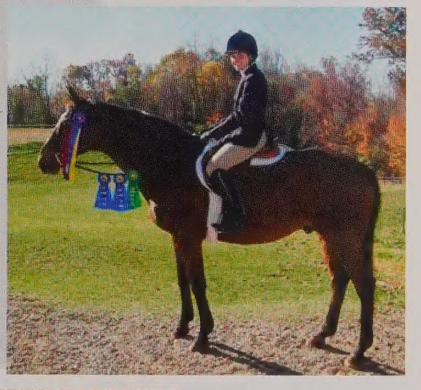
IDA Region and zone winner
IDA National Champions
Tournament of Champions Collegiate Team
IHSA Region and zone winner
IHSA National Champions
IHSA 4th place in National Championship







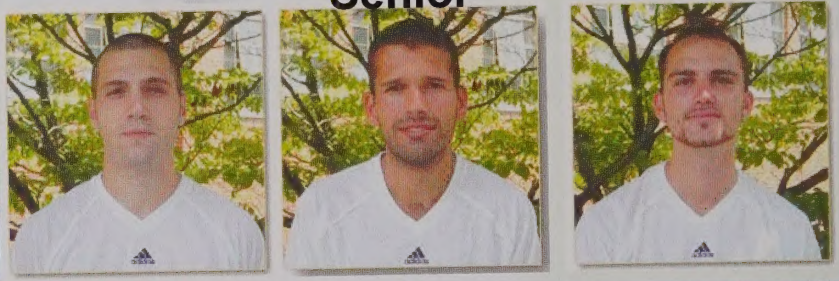




Men's Soccer

Coach

Senior

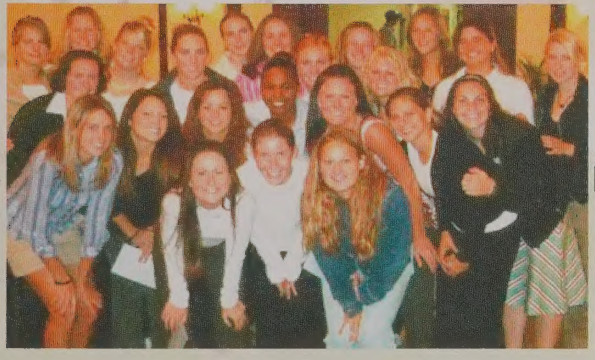


Overall Record: 21-3
Conference Record: 8-0
AAC Regular Season Champions
AAC Tournament Champions
Region XII Tournament Champions
NAIA Tournament qualifier
Final NAIA Ranking: #11

Women's Soccer

Coach

Seniors



Regular Season Record: 10-7
Conference Record: 7-1
Overall Record: 13-7
Regular Season Conference Runner-up
AAC Tournament Runner-up
Region XII Semi-Finalist
Receiving Votes NAIA Top 25

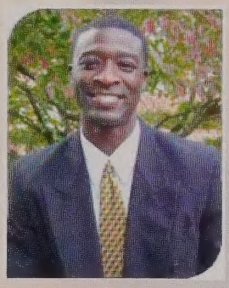
Volleyball

Coach

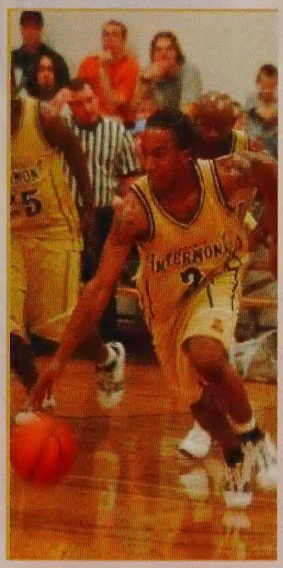
The lady cobras made an experience at the Conference tournament

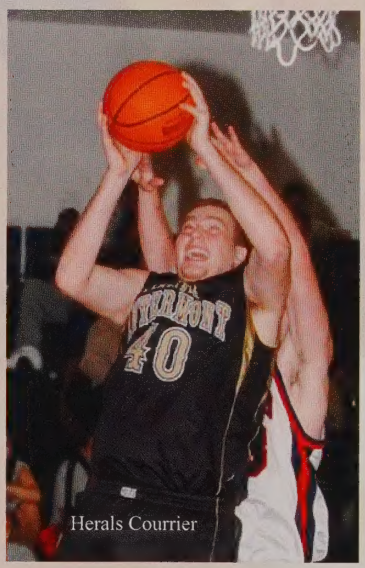
Men's Basketball

Coach



Seniors





Women's Basketball

Coach

Senior

Cheerleaders

Senior

Katie Bott

Crystal Bullock

Krystal Chambers

Yuna Crockett

Shadiyah Harris

Denesha Woodruff

Arlisha Starkey

Dayna Richmond

Baseball

Coaches

Seniors

Softball

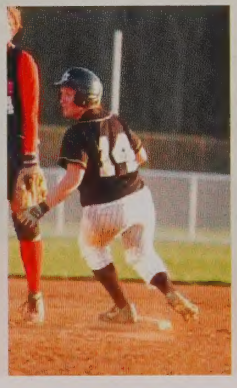
Coach

Seniors

LADY COBRAS SOFTBALL

Herals Courrier

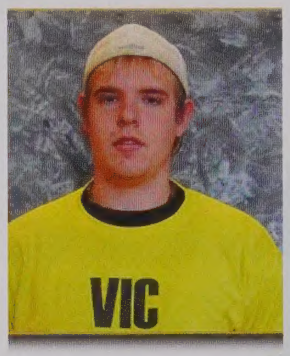
Herals Courrier

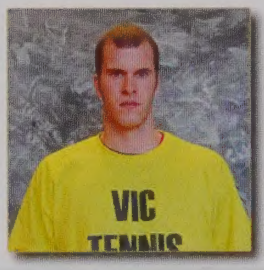


Men's Tennis

Coach

Seniors





Regular Season Conference Champions
Conference Tournament Champions
Regional Champions
NAIA Scholar Team
Ranked 11th in the nation
In the Quarter finals at National Tournament

Women's Tennis

Coach

Senior

Golf

Coach

Zach Bowers

Casey Carr

Chance Foley

Ryan Munas

Jeremy Page

Shane Pearson

Mark Scott

Graduates

Traditional Students

Name: ATCHLEY, MARY

Date of Birth: March 6

Hometown: Clear Brooke, VA

Sports Teams/ Clubs: Cardinal Key, Computer Club

Quote: "Never give up. Always believe in what's right."

Ambition: To be a Forensic Pathologist

Name: BALDWIN, KANDICE

Nickname: Kandi

Date of Birth: July 28

Hometown: Rowe, VA

Sports Teams/Clubs: Law Club President

Honors: Alpha Chi

Name: BARLASS, TAYLOR

Nickname: Tay Tay

Date of Birth: August 10 (Leo I am)

Hometown: Seattle, WA

Sports Teams/ Clubs: IHSA, IDA, Cardinal Key

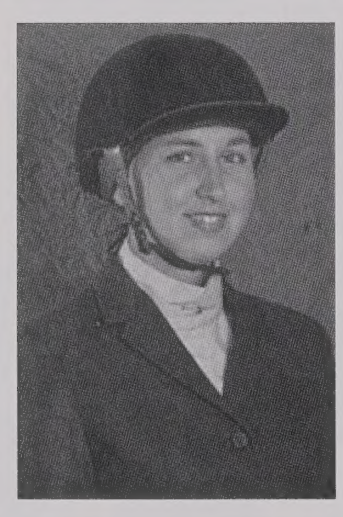
Honors: Deans list, Fear Factor winner!

Quote: "Once you perfect the art of looking innocent, you can get away with almost anything."

Ambition: Go everywhere in the world at least once. Make a lasting impression in the world!

College Crush: Haha. For which year, VI crushes come and go.

Comments: Live life to the fullest. Dance like everyone is watching.



Name: BILLINGS, KATHERINE

Nickname: Kathy, Dorthy Ann

Date of Birth: August 24

Hometown: Pulaski, VA

Sports Teams/Clubs: IHSA

Honors: Dean s List

Name: BLESSING THOMAS, LORIE

Date of Birth: November 17

Hometown: Bristol, VA

Sports Teams/ Club: Cardinal Key

Honors: Best performance by a Life Science Major

Quote: "Ni, pronounced neeee..."

Ambition: Wife, mother and horse enthusiast

College Crush: My husband, Benjamin Blessing

Comments: I am so happy to be graduating that words cannot even describe it.

Name: BOOKER, ASHLEY

Nickname: Ash. B. #40, Legs

Date of Birth: August 1

Hometown: Knoxville, TN (Knox Vega$)

Sports Teams/ Clubs: B-Ball, FCA, BSA

Honors: AAC All-Freshman Team (02-03), AAC All Defensive Team (05-06), Athletic Director Honor Roll, Fall 05

Quote: "If life gives you a lemon, make lemonade."

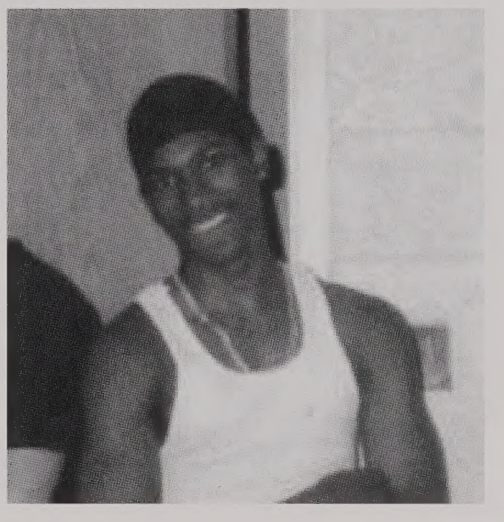
Ambition: I just want to be successful at whatever I do!

Comments: Everyone will always remember the way I represented KnoxVega$.

Name: BRANCH, SHAMIRE

Hometown: Savannah GA

Major: B.S. Biology Pre-Medecine and Chemistry minor



Name: BROADWAY, LEAH

Hometown: Golconda, IL

Major: A.A. Graphic Design

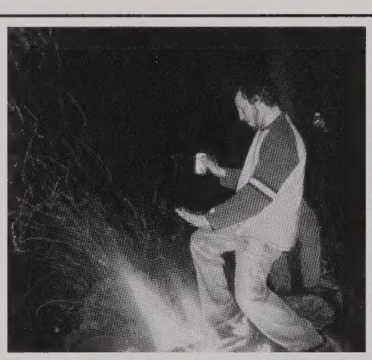
Name: BROOKS, ROBIN
Date of Birth: August 15
Hometown: Chesapeake City, MD
Sports Teams/Clubs: IHSA, ISRA
Quote: Party hard or go home.
College Crush: Eddie Federwisch

Name: BROWN, KIMBERLY
Nickname: Browner
Date of Birth: September 2
Sports Teams/ Clubs: Captain of the women s soccer team
Quote: "Whatever doesn t kill you, only makes you stronger."
Ambition: Clinical psychologist in a psychiatric hospital
College Crush: Yeah, you know!
Comments: Thanks to all my friends who have been there for me, you will always be in my heart. Thanks to my Mum and Daddy, you inspire me to be the best I can be!
AWB,RG,JC,VF,GE,AP,VB,JW,CC,NH XOXO

Name: BULLINGTON, HEATHER
Hometown: Ringgold, VA
Major: B.S Health and Physical Education minor in Sports Medicine

Name: BYRD, DAVID
Date of Birth: June 13
Hometown: Hillsville, VA

Name: CALL, KEVIN WILL
Date of Birth: January 8
Hometown: Groseclose, Virginia, Baby!
Sport Teams/ Clubs: Adventure Group 2001-2002
Quote: "Everybody thinks that everybody knows about everybody else but nobody knows anything about themselves because they're all worried about everybody else." Jack Johnson
Ambition: To be in the art history books of tomorrow, among other things.
Majors: B.F.A. in Art and A.S in Culinary Arts



Name: CARGILL, KERYTH
Hometown: West Brookfield, MA
Honors: Summa Cum Laude
Major: B.S.W in Social Work

Name: CHAAPEL, CYDNEY

Nickname: Cyd

Date of Birth: July 22

Hometown: Milton, PA

Honors: Cardinal Key

Major: B.S. in Biology and minor in Business Administration

Name: Clark, Kristy

Hometown: Jonesville, VA

Major: B.A. in English

Name: COLLINS, BETH

Nickname: Queen B

Date of Birth: June 9

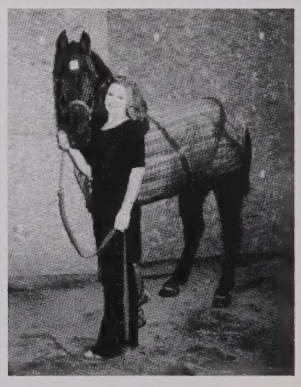
Sports Teams/ Clubs: IHSA, IDA

Honors: Beasly Scholarship

Quote: Never be afraid to be the first at anything, being the first you can set the standard for others to follow

Ambition: Work with the U.S. Department of Agriculture

Comments: Live life to the extreme. Take all projects & yourself to the max each day. If you re unsure of which way to turn, stay straight on your road & it will turn for you. Never be afraid to get crazy, it adds personality.



Name: CORCORAN, TINA
Date of Birth: June 5
Hometown: Manville, NJ
Sports Teams/ Clubs: IDA
Major: B.S. in Equine Studies

Name: CORLEY, KRISTEN
Date of Birth: June 5
Hometown: Murfreesboro, TN
Honors: Cardinal Key
Ambition: Success

Name: CREGGER, MICAELA
Hometown: Marion, VA
Major B.A. in Legal Studies Parale gal Studies

Name: DASOVICH, TRACY
Date of Birth: January 1
Hometown: Yorktown, VA
Clubs: Cardinal Key National Honor Society
Honors: Second place in Juried Show 2005

Name: DAVENPORT, ALICE
Hometown: Bristol, VA
Honors: Summa Cum Laude
Major: B.A Interdisciplinary Studies- PREK-6 Licensure

Name: DEBUSK, JAMES
Hometown: Meadowview, VA
Major: B.S. in Sport Management

Name: DOSS, JENNIFER
Hometown: Abingdon, VA
Major: B.A Interdisciplinary Studies- PREK-6 Licensure

Name: ELLIS, RACHEL
Date of Birth: March 8
Hometown: Johnson City, TN
Sports Teams/Clubs: IHSA

Name: EVANS, SHANNON
Nickname: Shan
Date of Birth: June 11
Hometown: Castlewood, VA
Ambition: To be successful and happy at any job I pursue.

Name: FARLOW, WILLIAM
Hometown: Radford, VA
Major: B.A. in Criminal Justice

Name: FLEENOR GOODSON, ASHLEY MICHELLE.
Date of Birth: October 27
Hometown: Bristol, VA
Clubs: Alpha Psi Delta (Criminal Justice)
Honors: Phi Theta Kappa National Honor Society, Alpha Psi Delta Outstanding Graduate Award, Published in the American Criminal Justice Journal.
Quote: "Carpe Diem" Seize the Day
Ambition: Make a difference
College Crush: My husband, Daniel Fleenor
Comments: Although I finished VI in 1 year, this college has become very special to me and will be an establishment I will continue to support.

Name: FOX, TARA
Hometown: Bristol, VA
Major: B.A. in Legal Studies Paralegal Studies

Name: FRAZIER, SHANTE NICOLE

Nickname: Grandma, A Tale

Date of Birth: February 18

Hometown: Orange, VA

Sports Teams/Clubs: Alpha Phi Omega, SGA, Service Learning Committee

Honors: Outstanding Leader of the Year Award, Dean s List, Outstanding Student Service Award (2x)

Quote: You Trashy

Ambition: I am retiring at age 35

College Crush: You know who you are

Comments: You can either have 4 really long, bad years at VI or 4 good years. You choose.

Name: GILLMAN, RACHEL

Nickname: Big Chicken

Date of Birth: September 18

Hometown: Salem, OR

Sports Teams/ Clubs: IDA, IHSA, SGA, SAC

Quote: "Everything in life happens for a reason"

Ambition: Veterinarian

College Crush: Julianne Wilson :)

Comments: Thank you to all the people I have met over the past 4 years that have made VI special to me, I love you all! Wolf Pack for life, xoxoxo

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Name: GLAWE, ERIN

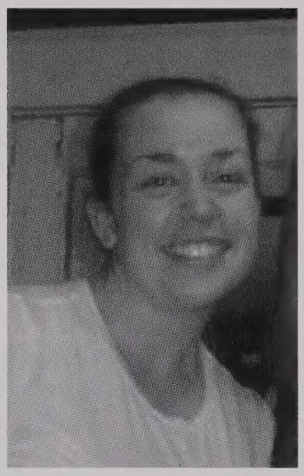
Date of Birth: November 25

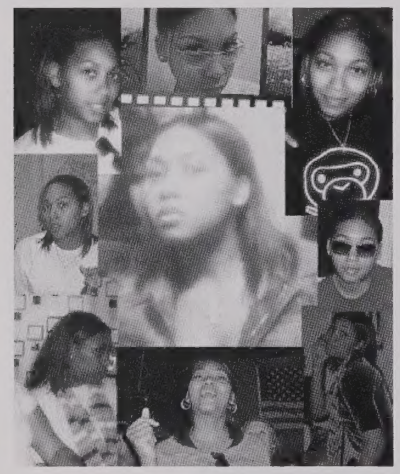
Hometown: Johnsburg, IL

Ambition: Professional goals with horses

Email: horsejunkee222@aol.com

Name: GOSS, MEAGHAEN
Date of Birth: February 26
Hometown: White Stone, VA
Sports Teams/Clubs: IDA
Quote: Its Peanut Butter Jelly Time
Ambition: Career with horses



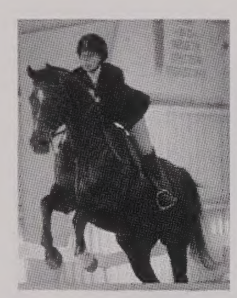


Name: GROOMS, MARQUITA
Nickname: "kita"
Date of Birth: August 6
Hometown: Alexandria, VA
Sports Teams/ Clubs: Womens Basketball, BSA, FCA
Quote: "It is what it is"
My mother and father - Ambition

Name:: GRUNDFAST, JESSICA
Date of Birth: July 9
Hometown: Roanoke, VA
Sports Teams/ Clubs:, Alpha Chi
Honors: Honors Program
Quote: The only thing we can change about the past is our perception of it.

Name: HALL, JAWANSA D.
Nickname: Jay, the legacy, and dr. hall
Date of Birth: April 5
Hometown: Lynchburg,VA
Clubs: Black Student Alliance Pres., SGA freshman, sophomore pres., SAC, RA.
Ambition: Running a successful interactive/ multimedia design firm
College Crush: None
Comments: If there is anything you want to do, do not place time restraints on it.

Name: HARNOIS, STEPHANIE
Nickname: Crazy Canadian
Date of Birth: October 3
Hometown: Montreal, Qc, CANADA
Sports Teams/ Clubs: IHSA, Track & Field, International Club, Cardinal Key, Venturing Club, Yearbook
Honors: Alpha Chi, Dean s List, Athletic Director s Honor Roll, Magna Cum Laude
Quote: "Dream big, work hard, never give up!"
Ambition: Importing horses from Europe, having my own business
College Crush: David Halldorsson, Gabriel Reusche.
Comments: I am going to miss you all. Thanks to all of you who helped me along the way.
stephanieharnois@hotmail.com



Name: HARPOOL, BRITTANY
Date of Birth: November 15
Hometown: Overland Park, KS
Major: Business management, equine minor
Sports Teams/ Clubs: IHSA, IDA, ISRA, ANRC
Quote: I a m not afraid, I was born to do this Joan of Arc

Name: HARRIS, NORA

Nickname: Sticky Icky

Date of Birth: September 4

Hometown: Meriden, Connecticut

Sports Teams/Clubs: IDA, IHSA, Wolf Pack

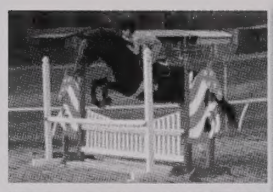
Honors: Honor s Program: 2004 and 2005, IHSA National Champion

Quote: "Bling it on!"—Wolf Pack

Ambition: To be satisfied

College Crush: Juan Ornelas

Comments: Thanks for the memories, kids.



Name: HELTON, JESSICA

Hometown: Abingdon, VA

Major: B.A. Interdisciplinary Studies PREK-6 Licensure

Name: HENLINE, RACHEAL

Date of Birth: March 1

Hometown: Virginia Beach, VA

Sports Teams/ Clubs: Softball and Psych club

Quote: Fighting for peace is like f**king for virginity.

Ambition: Psychiatrist

Major: B.S. in Psychology and B.S.W in Social Work

Name: HERNDON, SADIE

Date of birth: February 24

Hometown: Sutherlin, VA

Sport Teams/ Clubs: Volleyball student coach, SAC Pres., SGA VP, Admissions Ambassader, SOM

Quote: "Dream as if you ll live forever, live as is you ll die today." — James Dean

Ambition: To be happy in everything that I do.

College Crush: Ha Ha

Comments: Live to love!

Name: HERREN, TRISTA

Date of Birth: December 15

Hometown: Duffield, VA

Major: B.S. in Psychology

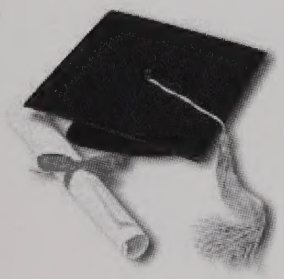
Sports Teams/ Clubs: Psychward

Ambition: Marriage and Family counselor

Name: HOPKINS, ANGEL

Hometown: Dublin, VA

Major: B.S. in Equine Studies



Name: INOMATA, MAYU

Nickname: Mayu
Date of birth: June 8

Hometown: Tokyo, Japan
Sport teams/clubs: International club

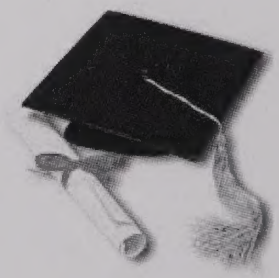
Honors: Who s Who among college students, Outstanding International Student, Dean s list

Ambition: Being a professional performer, have a happy family
College crush: Dancing!
Comments: Thanks to my family and friends.
愛しの美都穂へ、4年間本当にありがr

/>??う。

Name: JOHNSON, SASHA
Hometown: Bluff City, TN
Major: B.A. in Culinary Arts

Name: KELLER, SARAH
Hometown: Burlington, NJ
Major: B.S. in Equine Studies



Name: KELLEY, LISA
Hometown: Bristol, VA
Major: B.S. in Legal Studies- Paralegal Studies

Name: KING, PAMELA BRITTANY
Nickname: Britt
Date of Birth: July 17
Hometown: Pigeon Forge, TN
Sports Teams/Clubs: Tennis, Cardinal Key
Honors: Honors Program
Quote: "If we go down, we go down together "
Ambition: Pharmacy School to become pharmacist

Name: LEHMKUHLER, KRYSTAL
Hometown: Midlothian, VA
Honors: Summa Cum Laude
Major: B.A. in Pre-Law

Name: LILY, JONI

Nickname: Jay

Date of Birth: November 23

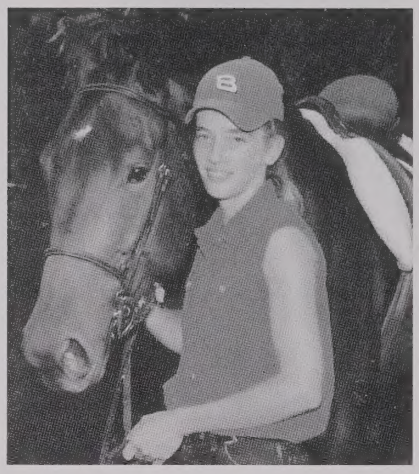
Hometown: Mt. Hope, West Virginia

Sports Teams/ Clubs: IHSA, IDA

Honors: Deans List, National Honors Society

Ambition: Raise and train my own QH Congress Champion

College Crush: My husband, Sam



Name: MARTIN, JAMES

Hometown: Bristol, VA

Major: B.A. in English Language and Literature with grade 6-12 Licensure

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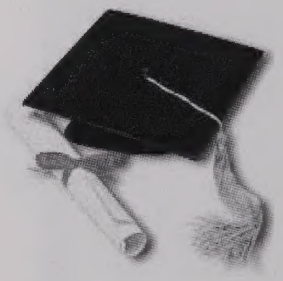
Name: MENSCH, TIFFANY

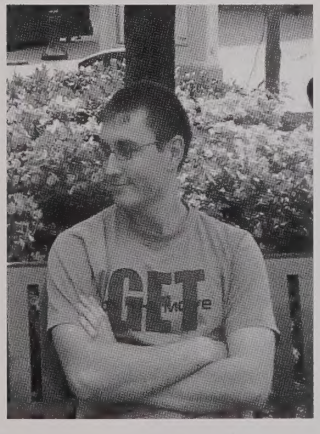
Hometown: Marion, VA

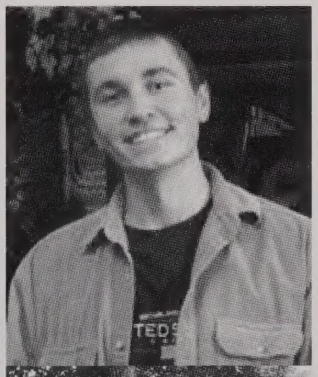
Major: B.A. in Interdisciplinary Studies PREK-6 Licensure



Name: MILLER, AMANDA
Hometown: Abingdon, VA
Major: B.S.W in Social Work

Name: MUSGROVE, JACK AARON
Nickname: Aaron
Date of Birth: May
Hometown: Bristol, VA
Major: B.S. in Business Administration- Marketing



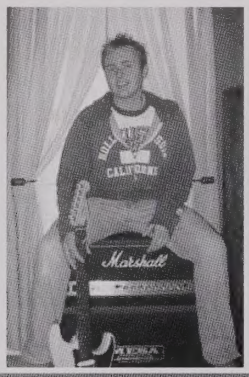


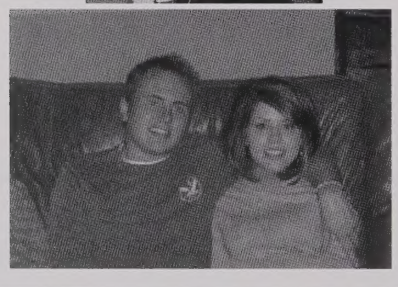
Name: NOVOSAD, OLEKSANDR Al ex
Nickname: Alex the Ukrainian, Silly Ukrainian
Date of Birth: November 8
Hometown: Pidriasne Village, UKRAINE
Sports Teams/ Clubs: Cyber Cobras
Honors: Honors Program, Alpha Chi, Calculus Award, CIM Student of the year
Quote: "Aim higher, nothing is impossible" Alex
Ambition: Good life, technology, fitness, travel, business
College Crush: Lauren Anderson, Lisa Slade, and... I need way more space!
Comments: Thank you everyone, most of you were great positive influences on my life, I love you all, you rock VI! Good luck to everyone, I ll miss you.

Name: OPENG-AMPONS, MICHELLINE

Hometown: Lynchburg, VA

Major: B.A. in Photography and Digital Imaging





Name: PETERS, LEON ORVILLE

Nickname: Little O

Date of Birth: January 6

Hometown: Bristol, TN

Clubs: Cardinal Key, Sigma Beta Delta

Honors: Dean's list, outstanding marketing student

Quote: Sometimes life is like dancing with a gorilla: your not done until the gorilla is

Ambition: Be as successful as possible and work for myself.

College Crush: a little more than a crush, the love of my life, Brittany Rose

Comments: I'm going to miss everything, even though I dreaded it and wanted to sleep instead of going to class, I'm going to miss everything about it!

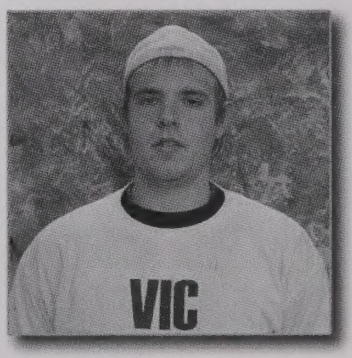
Name: PIERCE, ROBERT

Nickname: Robby

Hometown: Jonesville, VA

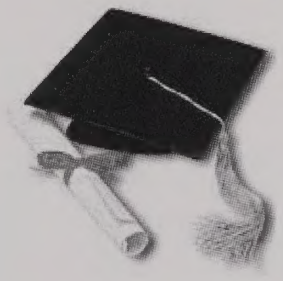
Sports Teams/ Clubs: Men tennis team, Assistant Tennis Coach

Major: B.S. in Legal Studies- Paralegal Studies



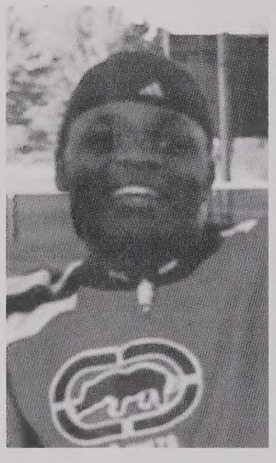
Name: PITTS, LAUREN
Date of Birth: January 31
Hometown: Midlothian, VA
Sports Teams/ Clubs: IHSA

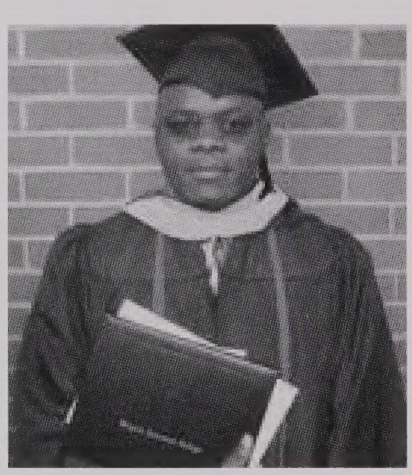
Name: QUALES, DONALD
Hometown: Bristol, TN
Major: B.A. in Art with PREK-6 Licensure



Name: RAETTING, LINDSEY
Date of Birth: October 17
Hometown: Bristol
Sports Teams/ Clubs: Softball, Cardinal Key

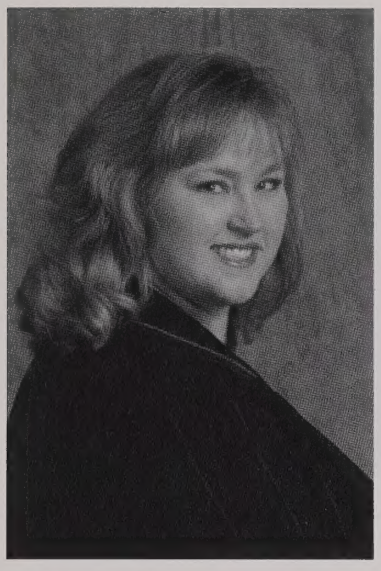
RAGAN, JOSEPH
Hometown: Bristol, TN
Major: B.A. in Culinary Arts





Name: RAJAB, ISMAEL NASSER
Nickname: Al-Pacino/Mafia
Date of Birth: September 27
Hometown: Kampala, Uganda
Sports Teams/ Clubs: Cardinal Key, BOSS Club, International Students Club
Quote: "Knowledge is like a garden, if it is not cultivated, it cannot be harvested." (African Proverb)
Ambition: I'm ambitious but I keep changing my mind, maybe to be a president one day!!
Comments: Big up to all the VI faculty and staff, and of course Stephanie Harnois for the French Tutorials and to Zara.
977 Trapelo Road Apt #1 Waltham, MA 02453

Name: RATKOWSKI, ANGELA
Date of Birth: January 21
Hometown: Brevard, NC
Quote: Things have a funny way of working out.
Ambition: I want to be successful in my career.
Comments: Thanks to the Equine Studies program.



Name: RIFE, KELLY

Hometown: Bristol, VA

Nickname: Sunshine

Date of Birth: January 19

Sports Teams/Clubs: Law Club, 4/5 coach of Highlands Soccer Club

Honors: PTK, Outstanding Female Student Mezsier Award, Worrell Honors Program

Quote: "I can do all things through Christ who strengthens Me."

Ambition: Enter Law School

College Crush: My husband, Anthony

Comments: I want to thank my son Zach for inspiring me to do my best. My husband Anthony for encouraging me to return to college. My mom and my sister for helping me through this difficult goal. I would also like to thank my Church for the many needed prayers that gave me strength and hope. I enjoyed my time here at Virginia Intermont and will cherish all of the people I had the honor of knowing.

Name: RIGSBY, BENJAMIN

Hometown: Nashville, TN

Honors: Cum Laude

Major: B.A. in Photography and Digital Imaging and minor in Dance

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Name: ROBINSON, JOSHUA

Hometown: Abingdon, VA

Major: B.A. in Art

Name: SALLEY, AMBER

Date of Birth: July 12

Hometown: Blountville, TN

Sports Teams/ Clubs: Basketball, Alpha Chi, Cardinal Key (secretary), RA, Student Trainer

Honors: Athletic Director s roll, Dean s list, Champion of Character, Kiwanis Award, Outstanding Leardership Award, All Academic Award.

Quote: "Success seems to be largelly a matter of hanging on after others have let go"

Ambition: Continue and receive my doctorate in Physical Therapy.

Sargent, Millie

AA in Graphic Design

Name: SAULS, DYLAN

Nicknames: Worm, D, Roscoe, Hotrod, Darlin

Date of Birth: April 17

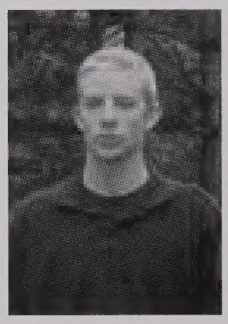
Hometown: Bristol, TN

Sports Teams/ Clubs: Cardinal Key, Sigma Beta Delta, Alpha Chi

Quote: "Play around with it!" "Forget about it!" "What are we doing here?"

College crush: Yes!

Comments: There are only two things that matter in this life: your relationship with God and your relationship with His children. I wish you all the best and I hope this is not goodbye. :-)



Name: SGRITTA-LISK, SHARON
Hometown: Abingdon, VA
Major: B.A. in Culinary Arts

Name: SHAFFER, AMANDA
Hometown: Bristol, VA
Honors: Magna Cum Laude
Major: B.A. in Culinary Arts- Pastry Arts

Name: SHANK, CHRISTINE
Hometown: Harrisonburg, VA
Honors: Cum Laude
Major: B.S. in Biology Preveterina ry Medecine and minor in Chemistry

Name: SKELLY, CATHERINE

Nickname: Katie

Date of Birth: February 23

Hometown: Locust Grove, VA

Sports Teams/ Clubs: IHSA

Quote: "Climate is an angry beast and we are poking it with sticks!" Wallace Broecker

---

Name: SLADE, LISA

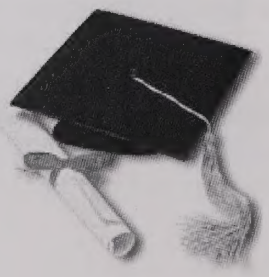
Hometown: Greensboro, NC

Major: B.A. in English- Language and Literature

Name: SPAHR, KIMBERLY

Hometown: Bristol, VA

Major: B.A. in Interdisciplinary Studies

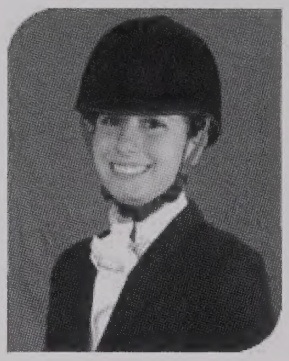


Name: STEVENS, ANGELA
Date of Birth: February 16
Hometown: Honaker, VA
Honors: Cardinal Key

Name: SULZBACH, ELIZABETH
Hometown: Woodstock, NY
Major: B.S. in Psychology and English AG&L minor

Name: SWEET, CASEY
Date of Birth: November 23
Hometown: Hampton, VA
Quote: "Live life so that you can look back with no regrets"
Ambition: Veterinary School at Virginia Tech
Major: B.S. in Biology- Preveterinary Medicine as well as minor in Chemistry

Name: STAMMERJOHN, SARAH
Hometown: Washington, PA
Sports Teams/ Clubs: IDA
Major: B.A. in Equine Studies and minor in Political Science



Name: STANLEY, HEATHER
Hometown: Gate City, VA
Major: B.S. in Sport Management

Name: STASCAVAGE, TARA
Hometown: Virginia Beach, VA
Sports Teams/ Clubs: Softball
Major: B.S. in Business Administration-Marketing

Name: TAPLEY, SARAH
Hometown: Blountville, TN
Major: B.A. in Culinary Art- Pastry Arts

Name: TENNEY, GALEN
Date of Birth: September 24
Hometown: Washington Grove, MD
Sports Teams/Clubs: American Institute of Graphic Arts, National Scholars Honor Society, Venturing Club
Quote: Do not dwell in the past.
Do not dream of the future.
Concentrate the mind
on the present moment.
Ambition: To remain peaceful, calm & collected in all that I do while maintaining a steady balance of creativity, positivity & progression.

Name: THOMAS, HEATHER
Hometown: Rosedale, VA
Honors: Cum Laude
Major: A.S. in Culinary Arts

Name: TRABAL, RAMON
Date of Birth: September 20
Hometown: San Jose, URUGUAY
Sports Teams/ Clubs: Soccer

Name: WALKER, BRIDGETTE SAMANTHA
Nickname: Sam
Birth Date: September 12 (Virgo)
Hometown: Bristol TN
Clubs: Social Work Club
Honors: Phi Alpha Honors Society

Name: WATTS, ADAM
Hometown: Kingsport, VA
Major: A.S. in Culinary Art

Name: WEIANT, REBECCA

Nickname: Alaska

Date of Birth: June 26

Hometown: Palmer, Alaska

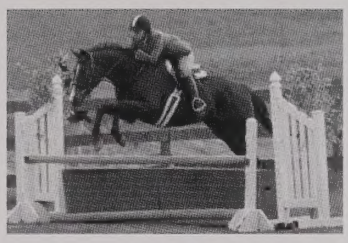
Sports Teams/Clubs: IHSA, IDA Manager, Cardinal Key

Honors: Alpha Chi

Quote: "I speak truth, not so much as I would, but as much as I dare. And I dare a little more as I grow older."—Montaigne

Ambition: To be very, very rich

College Crush: Billy Bob Thornton



Name: WILLIAMSON, TRAVIS

Nickname: Tee-Rav

Hometown: Phoenix, AZ

Sports Teams/ Clubs: BSA, SAC

Name: WYNNE, CATHERINE

Hometown: Deltaville, VA

Major: B.S. in Equine Studies and minor in Business Administration

Name: YAW, KATHLEEN

Date of Birth: July 9

Hometown: North Wales, PA

Sports Teams/ Clubs: IHSA, Venturing Club Vice President, Yearbook Vice President

Quote: "Only those who will risk going too far can possibly find out how far one can go." – T.S. Eliot

College Crush: Jeremy Harr

Email: Fetta11@aol.com

ADS

Name: GREER HALL, BRENDA

Date of Birth: October 2, 1970

Hometown: Bristol, VA is where I spent my early years. I now live in Kingsport, TN.

Quote: Be honest with yourself. If you are honest with yourself then you can solve any problem.

Ambition: I want to be an elementary school teacher.

Comments: I have to thank my wonderful husband and family for all their support and love.

Name POSTON SHELTON, MICHELE LEE

Date of birth: March 27, 1974

Hometown: Marion, VA

Clubs: Social Work Club

Honors: Alpha Sigma Lambda , Phi Alpha Honor Society

Quote: "The key to understanding others is to understand oneself." Helen Williams

Ambition: I plan to eventually become a Licensed Clinical Social Worker. I hope to continue educating myself as long as I am physically able to do so.

Comments: I encourage everyone to challenge themselves with education. You don't know what your potential is, until you try to reach it.

Name: SISK, BERNARD
Hometown: Abingdon, VA
Degree: Management and Leadership ADS
Alpha Sigma Lamda

Name: VERCRUYSSE, KIMBERLY DAWN
Nickname: Kimmy
Date of birth: November 14, 1981
Hometown: West Babylon, New York
Quote: "We act as though comfort and luxury were the chief requirements of life, when all that we need to make us really happy is something to be enthusiastic about" – Charles Kingsley
Ambition: To make money doing what I love and to continue loving what I do.

Name: VERMILLION, SHAWNA YVONNE
Date of Birth: July 23, 1980
Hometown: Kingsport, TN
Sports Teams/Clubs: Alpha Chi, Alpha Sigma Lambda
Honors: Dean's List, Magna Cum Laude
Quote: When you get to the end of your rope, tie a knot and hang on!
Ambition: To be a successful elementary school teacher as well as wife and mother!
Comments: It seemed like graduation would never come. It's so hard to believe that it is finally here! Time at VI really flew by!

Name: WARD STINNET,CARMEN

Nickname: Carmen

Date of Birth: July 1, 1981

Hometown: Bristol

Quote:"Be Who You Are and Say How You Feel, because Those who mind don't matter and those who matter don't mind" -Dr. Suess

Ambition: To teach to each individual child, in the best way that fits his/her unique needs.

Comments: It has been a long journey but the end is near. I have had the pleasure of meeting and learning from a few really great professors at Virginia Intermont and I have made some really great friends along the way. I also want to give a special message to my husband, daughter, and family - Thank you all for your love and support.

OTHER STUDENTS

Altice Sharon	Bluefield, WV	
	B.A. in Interdisciplinary Studies PREK-6 Licensure	Magna Cum Laude
Baker Crystal	Hurley, VA	
	B.A. in Interdisciplinary Studies	
Bates Tammy	Wise, VA	
	B.A. in Interdisciplinary Studies	
Blevins David	Chilhowie, VA	
	B.S. in Computer Information Management	Magna Cum Laude
Blevins Savanna	Marion, VA	
	B.S.W in Social Work	
Boggs Kimberly	Clintwood, VA	
	B.A. in Interdisciplinary Studies PREK-6 Licensure	
Boyd Sherri	Bristol, VA	
	B.A. in Management and Leadership and minor in Organizational Marketing	Magna Cum Laude
Braham Angela	Clinchco, VA	
	B.A. in Interdisciplinary Studies PREK-6 Licensure	
Bullock Blair	Bristol, VA	
	B.S. in Management and Leadership	
Castle Lisa	Lebanon, VA	
	B.A. in Interdisciplinary Studies	Summa Cum Laude
Cole Michelle	Hurley, VA	
	B.A. in Interdisciplinary Studies	
Coleman Crystal	Grundy, VA	
	B.A. in Interdisciplinary Studies	

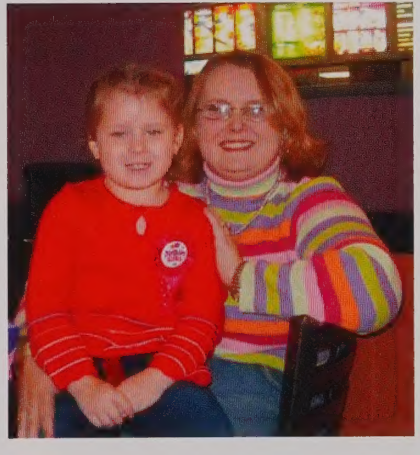
Coleman Tameka Bristol, VA
A.A. in Graphic Design Cum Laude
Cope Chanda Jonesville, VA
B.A. in Interdisciplinary Studies PREK-6 Licensure
Deel Peggy Haysi, VA
B.A. in Interdisciplinary Studies PREK-6 Licensure Summa Cum Laude
Alicia LeAnne DeLEon St-Paul, VA
B.A. in Interdisciplinary Studies Magna Cum Laude
Doston Judy Hurley, VA
B.A. in Interdisciplinary Studies
Edwards Michelle Abingdon, VA
B.A. in Interdisciplinary Studies Magna Cum Laude
Halterman Tina
B.A. in Interdisciplinary Studies
Hanshew Jamie Atkins, VA
B.A. in Interdisciplinary Studies
Harris Debra Duffield, VA
B.S.W. in Social Work
Herndon Amy Bristol, TN
B.A. in Interdisciplinary Studies PREK-6 Licensure Magna Cum Laude
Hess Charlotte Rosedale, VA
B.A. in Interdisciplinary Studies PREK-6 Licensure
Hogston Jr. Cecil Saltville, VA
B.S. in Management and Leadership Magna Cum Laude
Holbrook-Wright Janie St-Paul, VA
B.A. in Interdisciplinary Studies
Hulse Teresa Kingsport, TN
B.S. in Management and Leadership Cum Laude
Hutton Brandon Chilhowie, VA
B.A. in Interdisciplinary Studies
Johnson Chasity Coeburn, VA
B.A. in Interdisciplinary Studies
Jones Christopher Marion, VA
B.S. in Management and Leadership
Justus Vanessa Hurley, VA
B.A. in Interdisciplinary Studies
Kennedy Jenny Dungannon, VA
B.A. in Interdisciplinary Studies PREK-6 Licensure Magna Cum Laude
Kerns Lee Kingsport, TN
B.S. in Management and Leadership
Lester Christina Cedar Bluff, VA
B.S.W. in Social Work
Lester Jennifer Wolford, VA
B.A. in Interdisciplinary Studies Cum Laude
Liles Deborah Blountville, YN
B.A. in Interdisciplinary Studies PREK-6 Licensure
Mann Linda Bristol, VA
A.A. in Graphic Design
Martin Karen Dante, VA
B.A. in Interdisciplinary Studies
Matney Swanson Abingdon, VA
B.S. in Management and Leadership and minor in Human Resources Development
Owen Mandy Marion, VA
B.S. in Management and Leadership and minor in Human Resources Development
Owens Sarah Meadowview, VA
B.A. in Interdisciplinary Studies
Pope Robert Bristol, VA
B.A. in Management and Leadership and minor in Human Resources Development

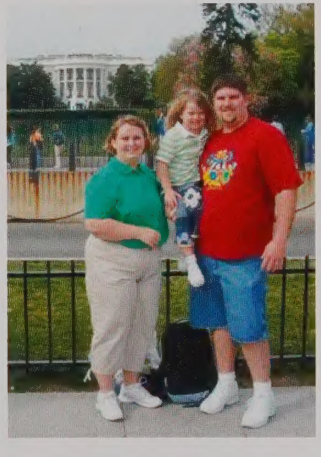
Potter Teresa Pound, Va
B.S.W. in Social Work Summa Cum Laude
Puckett Sonia Saltville, VA
B.S.W. in Social Work
Ratliff Roy Vansant, VA
B.A. in Interdisciplinary Studies and minor in Computer Tech
Rice Sharon Bristol, VS
B.S. in Computer Information Management
Rife Tommi Richland, VA
B.A. in Interdisciplinary Studies
Riggs Janice Dryden, VA
B.A. in Interdisciplinary Studies
Rupard- Greer Donna Marion, VA
B.S. in Management and Leadership and minor in Human Resources Development
Simcox Daniel
B.A. in Interdisciplinary Studies PREK-6 Licensure
Sparks Shasta Wolford, VA
B.A. in Interdisciplinary Studies
Stacy Valery Wolford, VA
B.A. in Interdisciplinary Studies
Stallard Leann Kingsport, TN
B.A. in Interdisciplinary Studies PREK-6 Licensure
Stanley Shelia Haysi, VA
B.A. in Interdisciplinary Studies PREK-6 Licensure Magna Cum Laude
Thomas Jason Glade Springs, VA
B.S. in Management and Leadership
Tiller Victoria Bee, VA
B.A. in Interdisciplinary Studies
Trent Jessica Meadoview, VA
B.A. in Interdisciplinary Studies PREK-6 Licensure Cum Laude
Tuell Jennifer Rural Retreat,VA
B.S.W. in Social Work
Vandyke Jennifer Keen Mountain, VA
B.A. in Interdisciplinary Studies PREK-6 Licensure Summa Cum Laude
Vencill Jason Vansant, VA
B.S. in Computer Information Management Summa Cum Laude
Wampler- Marchant Amy Lebanon, VA
B.A. in Interdisciplinary Studies PREK-6 Licensure
Whatley Susan Bristol, VA
B.S. Computer Information Management and minor in Business Administration
White Bert Bristol, TN
A.A. in Graphic Design
White Pamela Marion, VA
B.S. in Management and Leadership Magna Cum Laude
Worley Jr. James Johnson City, TN
B.S. Computer Information Management

ADS and their families

Michele Shelton Poston

Shawna Vermillion





Cohorts

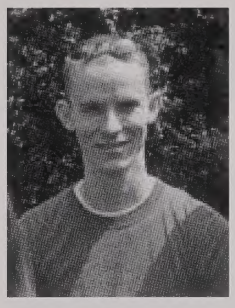
ADS Staff

Seniors

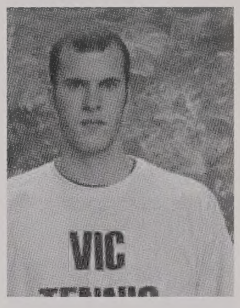
Johanna Applegate

Meghan Arnold

Teresas Ayers

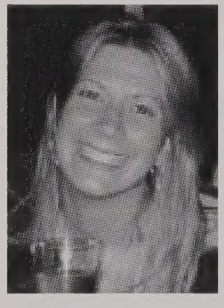


Michael Barker

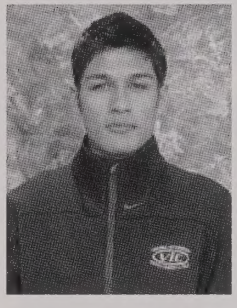


Vinicius Bitencourt

Jamie Brabon



Patricia Brewster

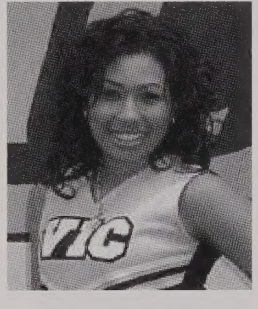


Fernando Cabada Jr.

Jason Cooper

Tracy Crabtree

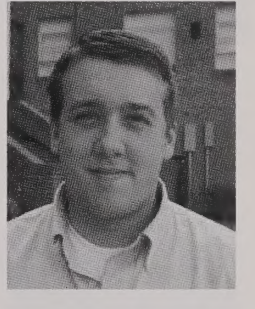
Steven Cregger



Yuna Crockett

Richelle Curran

John Dolac



Donovan Doulgas

Heather Dubosse

Corey Duquette

Erica Erica

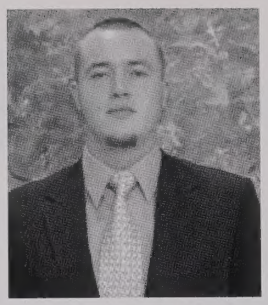
Betty Jean Fillman

Victoria Fisher

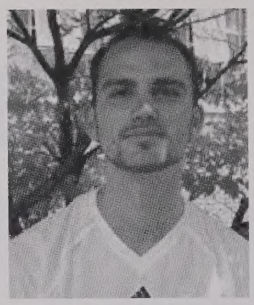
Absent on page: Lauren Anderson, Jessica Artrip, Andrew Belcher, Laan Bowen, Colleen Bowman, Thomas Calhoun, Matthew Casteel, Robin Clark, Chrystal Crispin, Anna Delapp, Lisa Detweiler, Hilary Drohan, Hannah Edwards

Siobhan Fitzgerald

Christian Fitzgibbon

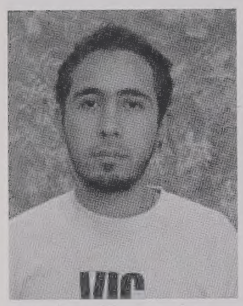


Jonathan Frazier



Christian Gallucci

Rachel Hammerschmidt



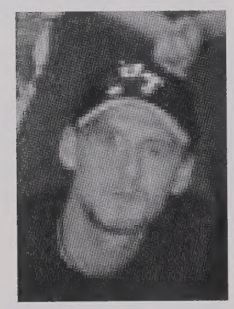
Arturo Hernandez

Brittany Hill

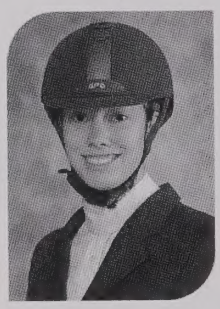
Bodhana Hutvert

Erika Jewel

Ellen Johnson



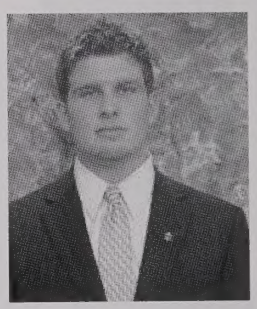
Richard Keen



Laura Kerschen

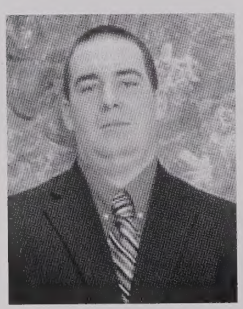
Theresa Kiedinger

Caitlin Lem-Luzzy



Timothy Lovern

Kristina Macey

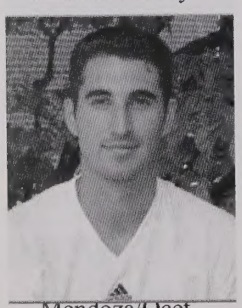


Mitchell McGill

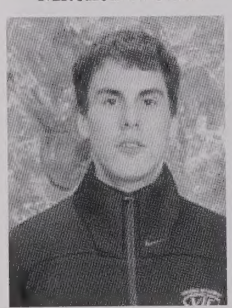
Michelle McLaughlin

Marie McShane

Ana Medic



Mendoza/Ocet Fernando



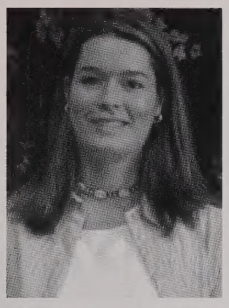
James Mousseau

Whitney Nash

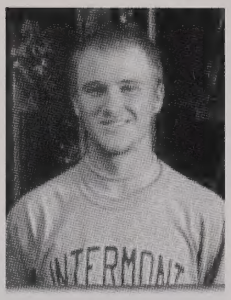
Russel Neff

Kristy Newsome

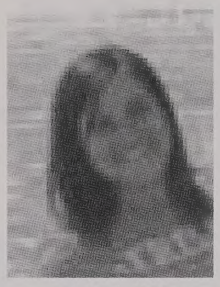
Absent on page: Erin Hall, Lucy Hillman, Johnna Hughett, Joshua Jones, Mary Kennedy, Travis Kilby, Daniel Millay, Eddie Moura,



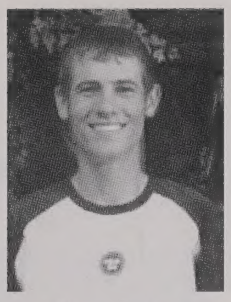
Amanda Pennington



Shawn Peters



Alicia Pigg

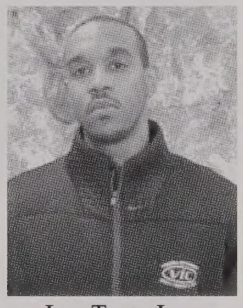


Jesse Poteet

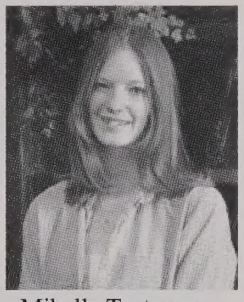
Krystle Richardson

Jason Southworth

Kristen Stinson



Len Terry Jr.

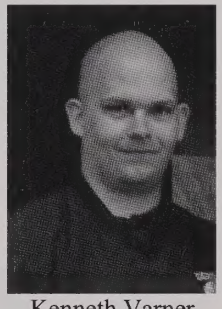


Mikelle Testerman

Mizuho Tomokasu

Stacy Trumpy

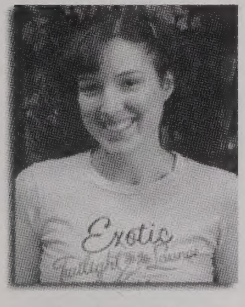
Dusty Tucker



Kenneth Varner

Kristen White

Jessica Widener



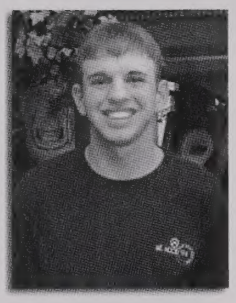
Sarah Winfree

Adrienne Zercher

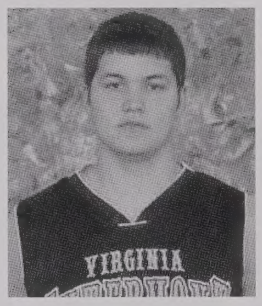
Absent on page: Krystal Parnell, Holly Pearson, Leah Prater, Marketta Puckett, Laura Radliff, Rebecca Ratte, Curtis Robinson, Daniel Rutter, Shelley Stewart, Corey Stockner, Christina Swanson, Glenda Talbert, Judy Testerman, Valerie Thomas, Evelyn Trivitt, Julie Woodby

Juniors

Alexander Kristin

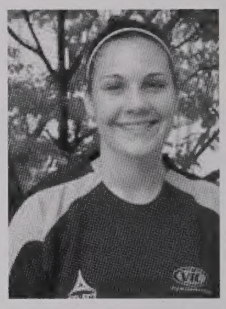


Arrowood John



Babbit Christopher

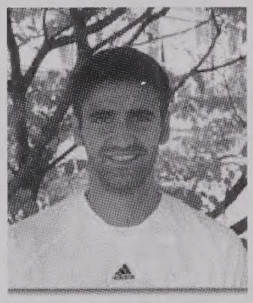
Belknap Emily



Besmer Kaylin

Blome Anna

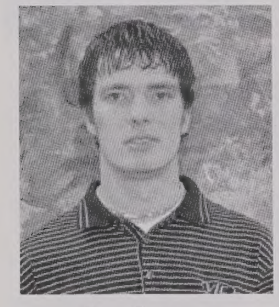
Bowers Zachary



Brasic Predrag

Brown Desmond

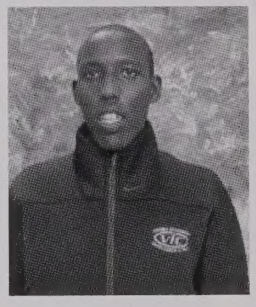
Burke Carrie



Carr Casey

Chadwell Lesley

Chambers Krystal

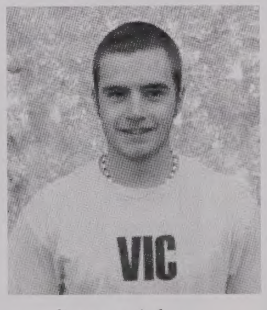


Cheromei David

Chirco Jennifer

Coleman Mark

Cornell Amy



Cornett Adam

Craig Ashley

Crooms Colette

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Cunningham Samantha

Davis Jicara

Dingus Ariel

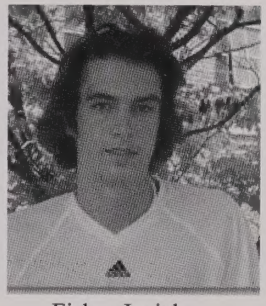
Eller Allison

Emezi Akwaeke

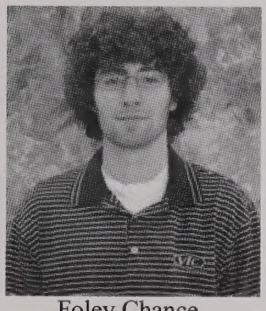
Evers Grace

Fanelli Stacy

Fernanderz Mary


Fisher Josiah

Foe Shannon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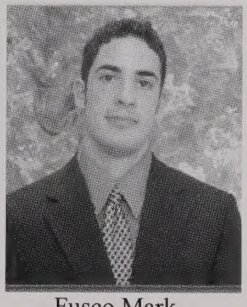
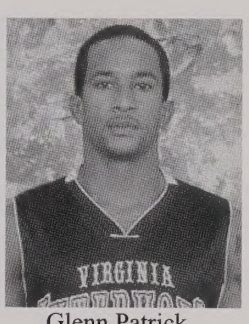

Fusco Mark

Gillespie Valerie



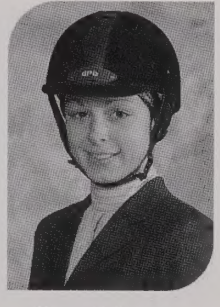
Glenn Patrick

Glimsdahl Nicholas

Green Virginia

Hanson Tara

Harper Melissa

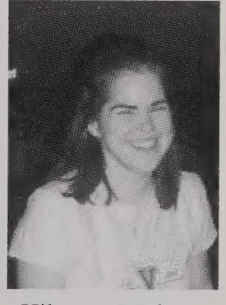

Harrell Laura

Harris Shadiyah

Jasting Heather

Hayden Cherith

Henline Celia


Hileman Jessica

Hird Jason

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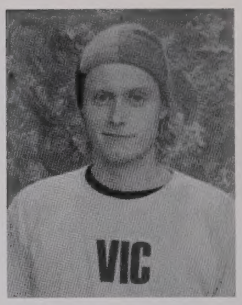
Hisle Kenna

Honaker Kendra

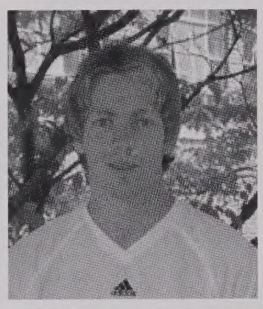
Hudson-Tolles Lindsay

Imhof Kathleen



Johnson Jon

Joseph Shenelle

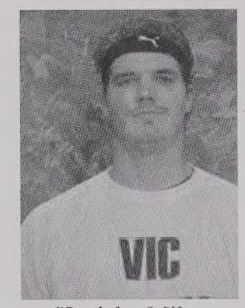


Kennedy Matthew

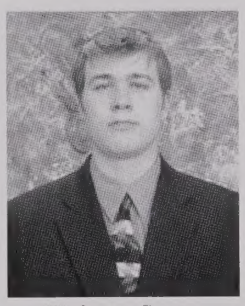
Kincaid Amber

King Jamie

Koren Stephanie



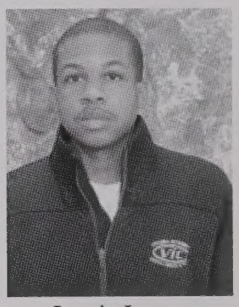
Kosicky Milan



Kuhnert Scott

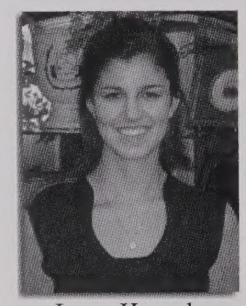
Lanasa Kendall

Lawson Sarah



Lewis Jason

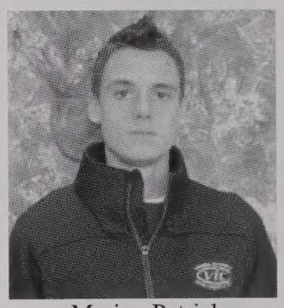
Lobdell Lisa



Lowe Hannah

Mahoney Deidra

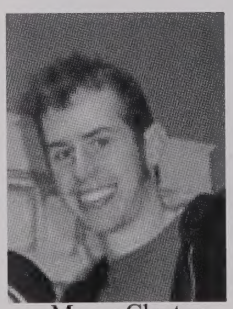
Manning Meredith



Marion Patrick

McDonald Megan

McQueen Andrea



Moore Clayton

Moore Laurel

Munas Ryan

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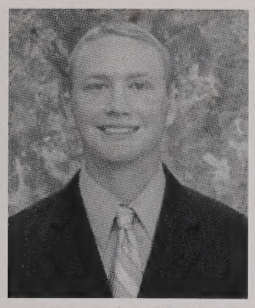
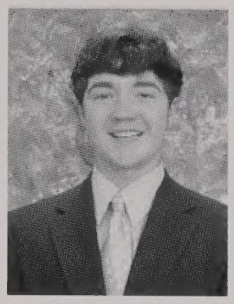
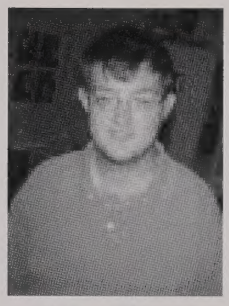
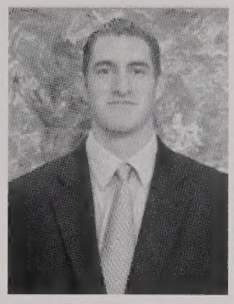

Nesteby Chad


Orrick Joshua


Osborne Ryan


Page Early

Puckett Megan

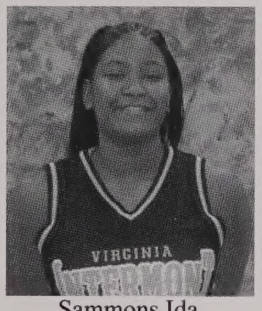
Ralston Cassie

Reilly Triona

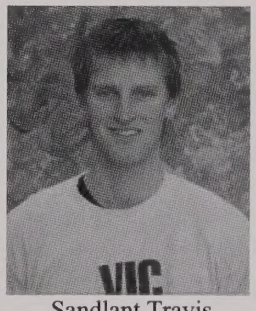
Rewilak Kateryna

Rose Brittany

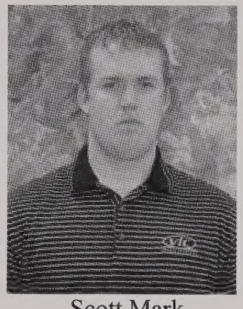
Rutheford Jessica

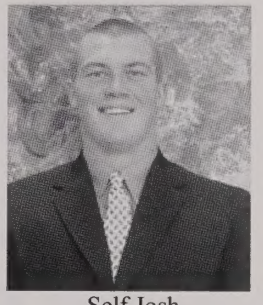


Sammons Ida

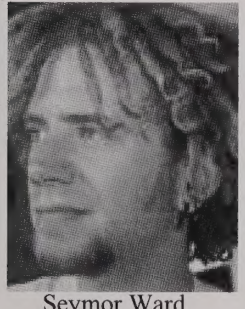


Sandlant Travis


Scott Mark


Self Josh

Sellars Carman

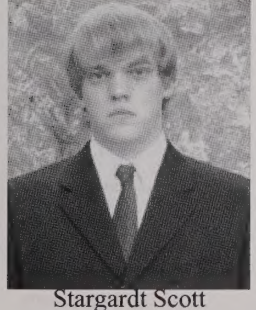

Seymor Ward

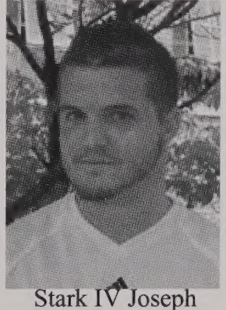
Shuford Audrey

Silva Dyamond

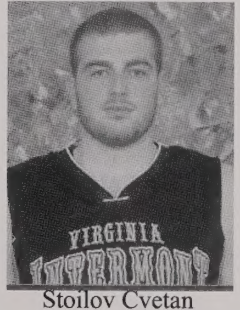
Sinclair Evelyn

Small Patrick


Stargardt Scott


Stark IV Joseph

Steele Megan

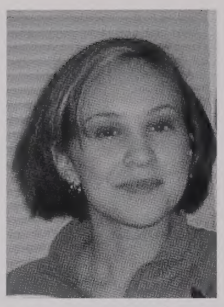


Stoilov Cvetan

Storm Charity

Absent on page : Norris Dorothy, Perkins Kathleen, Pitzer Shawna, Reed Anna, Serdenis Jaclyn, Sexton Kimberly, Stewart Stephanie,

Takacs Amanda


Thornton Stephanie

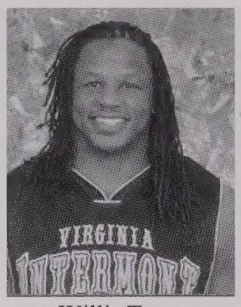
Thorpe Lauren

Trump Jillian

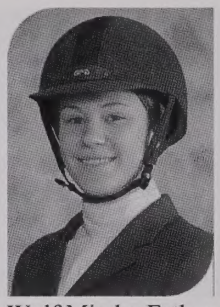
Ward Bellingham Allie

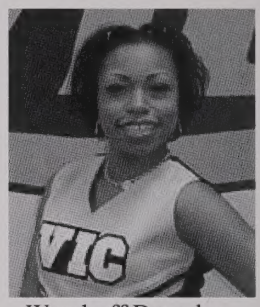
Watkins Robert

Williams Ashley



Willis Travor


Wolf Minder Esther

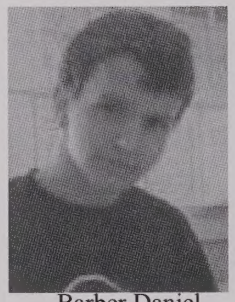


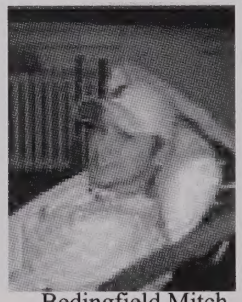
Woodruff Denesha

Sophomores

Adams Mecca

Ashton Caitlin

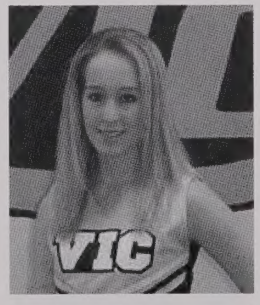

Barber Daniel


Bedingfield Mitch

Bell Kathleen

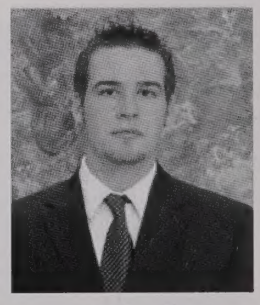
Blankenship Lauren

Buklis Amber

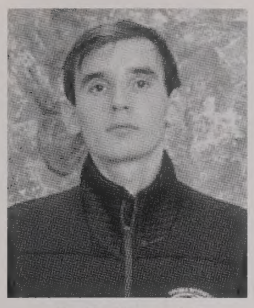


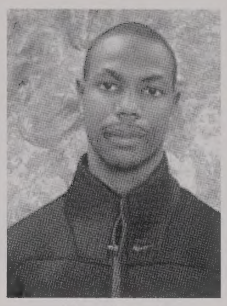
Bullock Crystal

Burd Ashley

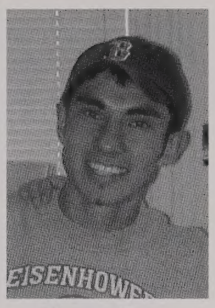

Butcher Justin

Absent on page: Juniors: Strudler Naudia, Suman Lila, Thomas Heather, Walden Joshua, Warren Jonathan, Wilkerson Joseph, Witt Jessica, Zabaleta Fernando Sophomores: Ashley Donald, Baker Emily, Barclay Andrew, Barton Jamie, Browning Justina


Cadle Jeremiah

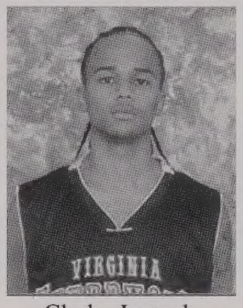

Carr Devin

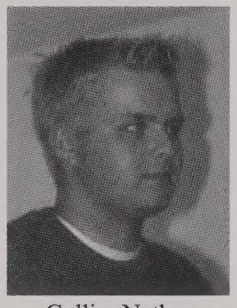
Caudill Christalyn


Chaves Jesus

Cheney Sheena

Clark Elizabeth


Clarke Jamaal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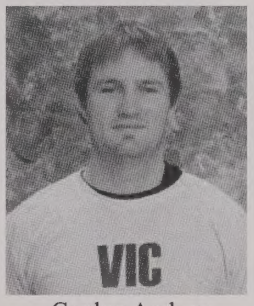
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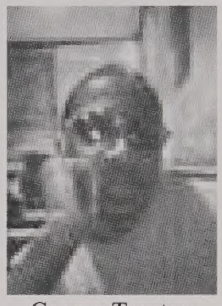
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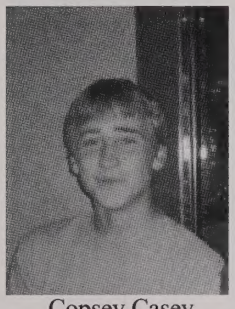
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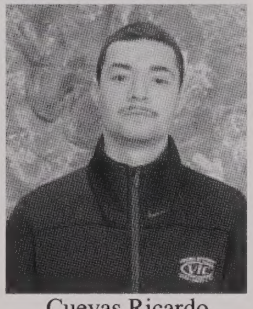
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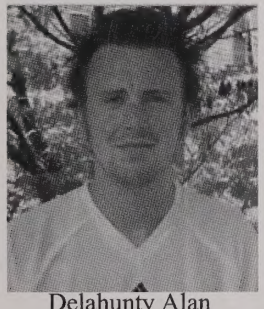
Cumbo Marshall

D Auria Danielle

Davies Emilie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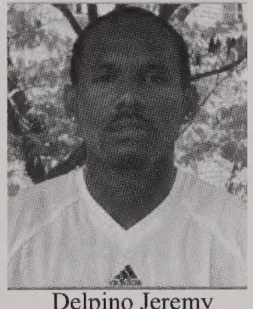
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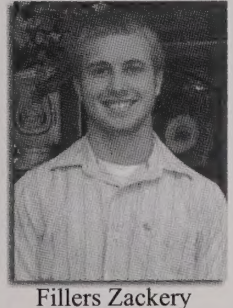
Dougherty Meredith

Duffy Laura

Eitel Kendra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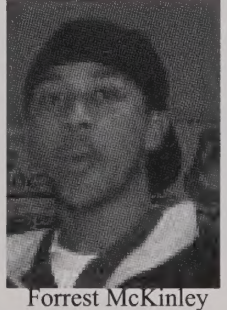
Flippin Sarah

Foe Angela


Forrest McKinley

Forsythe Jessica

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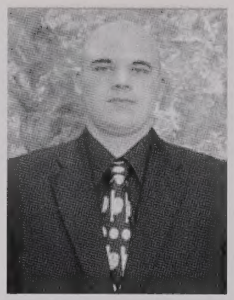
Gondalez Laura

Greer Jordan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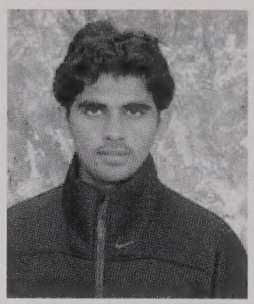
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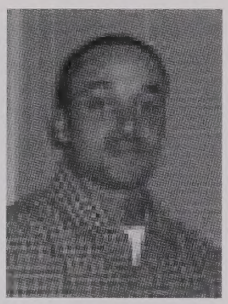
Hart Karyn

Hennessey Meghan

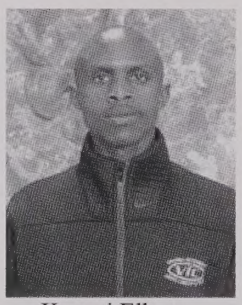

Houseal Aaron

Jardina Jenifer

Joseph Natosca

Kalmanek Andrea

Kiser Emily


Kosgei Elkana

Lineberry Mark

Lundy Whitney

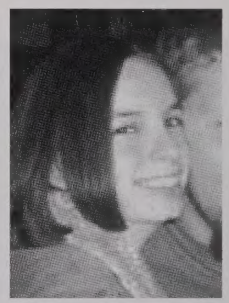
Lust Amy

Malone Sheena

Mattera Joseph

Mault Stephanie

May Jessica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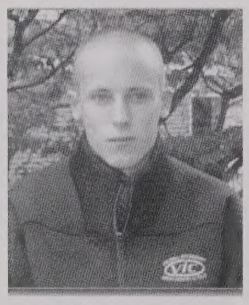
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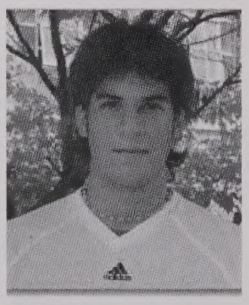

Molina Santiago

Montgomery Mabry

Mulvaney Jamie

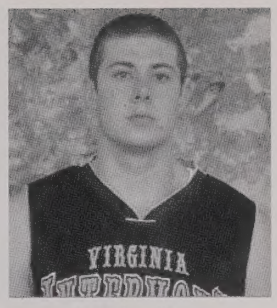
Naca Katelyn

Absent on page: Harthaway Alice, Henry Mark, Hill Sabrina, Hylton Trista, McAllister Darren, Lady Lindsay, Lane Hunter, Langworthy Ashley, Lubega Mustapher, McGlocklin Angel, Mc Gregor Jennifer, Mette Caroline, Mitchell Brad, Mullins Andrea

Neff Matthew

Samantha

Oliveira Alessandro



Ornelas Juan

Otto Shannon

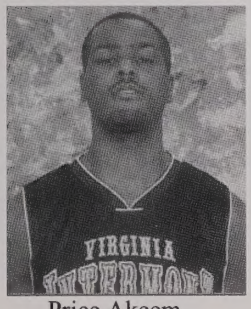
Parkhurst Lindsay

Peters Ashlynd

Pierce Katherine

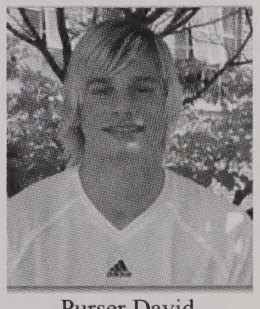
Poredos Katie

Potts Cedar

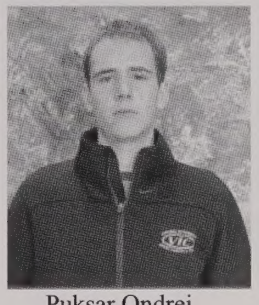


Price Akeem

Price Jilian



Purser David

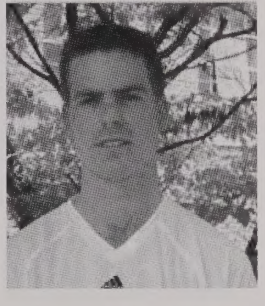


Puksar Ondrej

Quinan Melissa

Ramirez Anna

Ray Ashley



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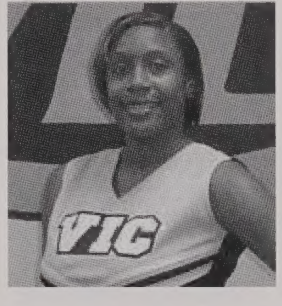
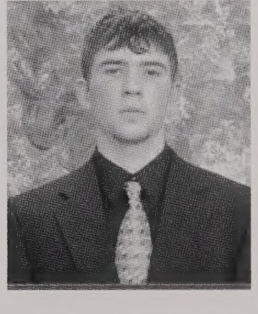


Richmond Dayna

Risser Alisha

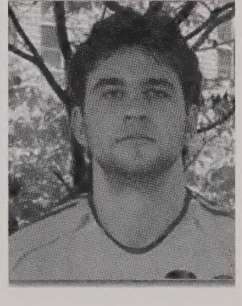
Roberts April

Rodefer Rachel



Roop Justin

Rosenberry Ross



Schenkel Daniel

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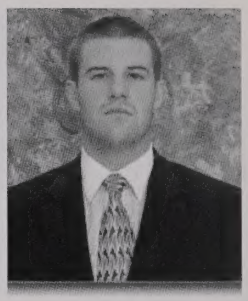
Sheppard Rachel

Smith Lindsey

Southgate Laura

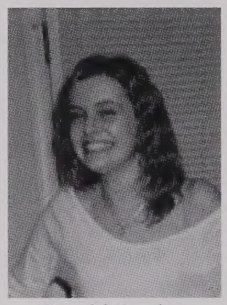
Starkey Arlisha



Steel Jason

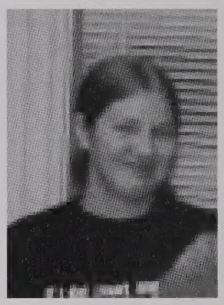
Stinson Kyle

Stone Briana



Szechi Jessica

Takeuchi Azusa



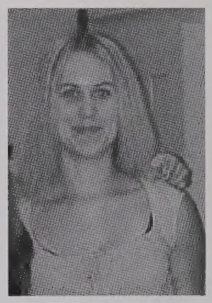
Tregoning Kira

Volf Renata

Warren Amber

Webley Michael

Wheat Emily



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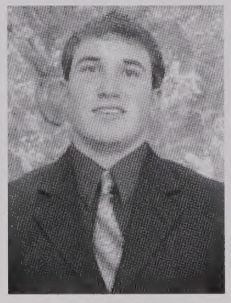
Wilson Julianne



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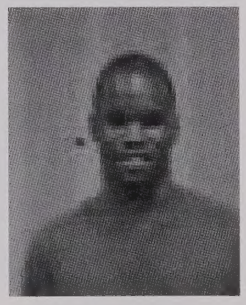

Younger Ramon

Zucker Ashley

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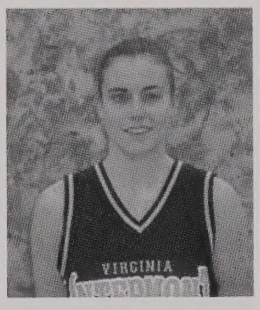
Freshman

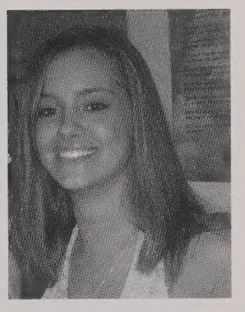
Allen Rachael



Arney Autumn

Arnold Mycah

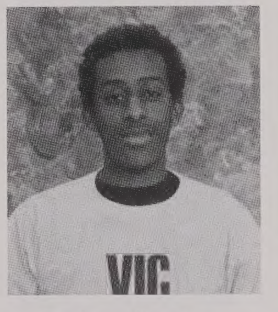
Bailey Jonathan



Baird Vanessa

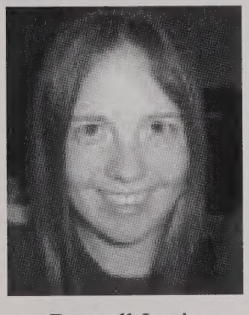
In Loving Memory
Katie Beach

Barton Margaret



Berhane Jonatan

Bochniewicz Amanda



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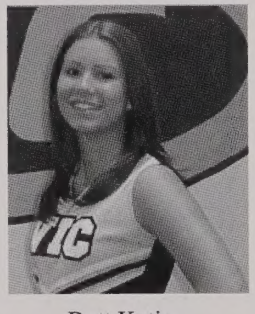

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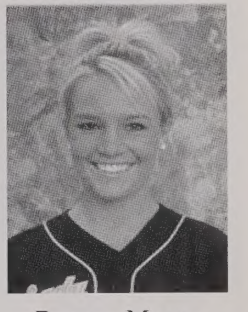

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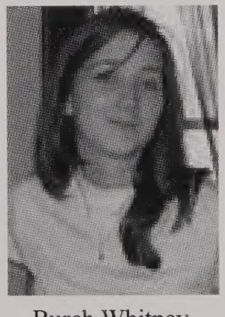
Brown Dallas

Brown Paula



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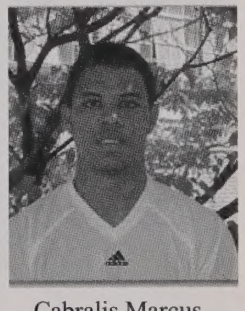
Burton Ashley

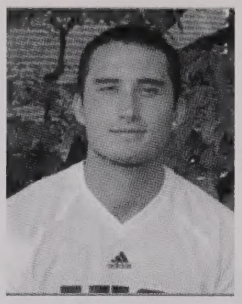


Cabralis Marcus

Absent on page: Awai Mikhael, Byod Rebecca

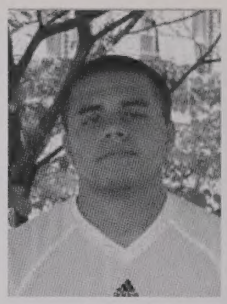
Candia Lena

Carr Elizabeth



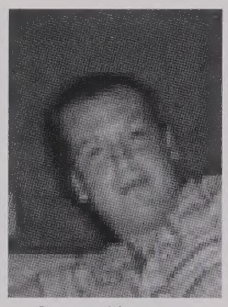
Carson Liam

Castle Casey

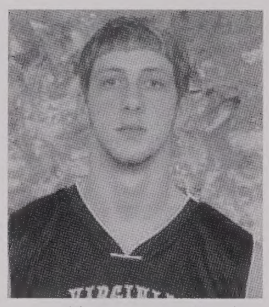


Castro John

Cataggio Lea



Cayce Shaun



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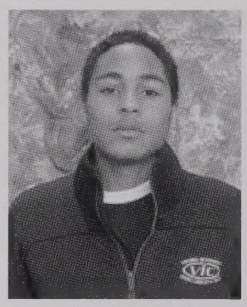
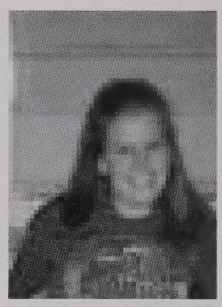
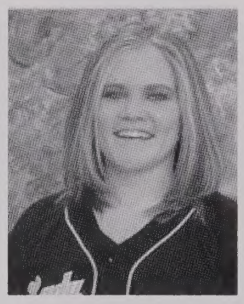


Charles Alvin



Cochran Ashleigh

Compton Whitney



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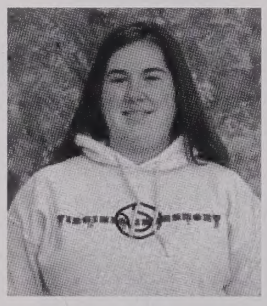

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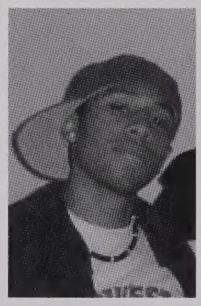

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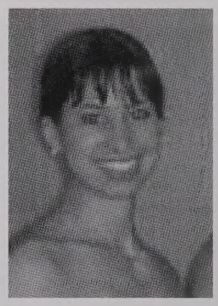


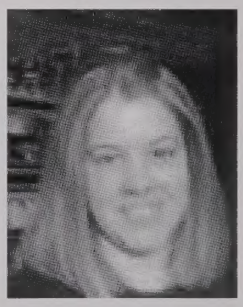
Denial Lydia

Denton Brittany

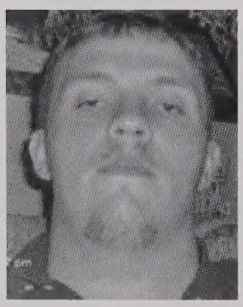
Deptula Emily

Dillon Tiffany

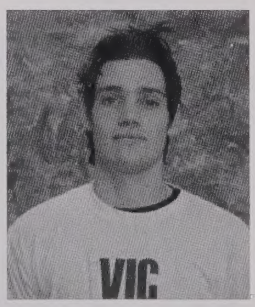
Dulaney Jessica



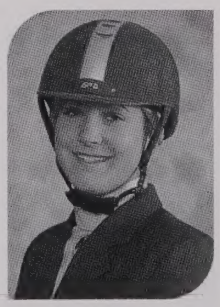
Duncan Kelsey



Edwards David



Eisler-Ahlgre Alexander



Frank Christine

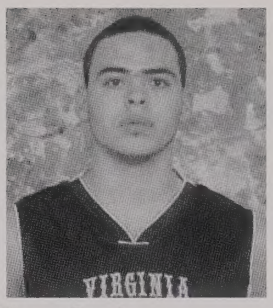
Gaylor Jessica

Gorst Amanda

Absent on page: Carman Elizabeth, Carriedo Ana Paula, Carroll Ben, Crockett Franklin, Crouch Tabitha, Enright Kelly, Fields Tobi, Fillingham Brittany, Fletcher Rebecca, Fulk Kaila, Fussell Brian, Garrison Sara

Guider Meredith

Hayes Krista



Henry Randy

Johnson Jennifer

Kelhofer Christie

Kelly Jenniffer

Kidd Michelle

Kreger Casey

Laoo Christina

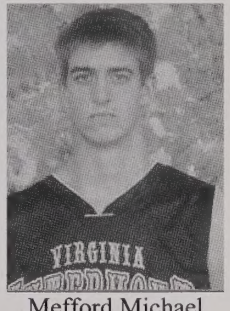
Liszka Stacy

Loggans Toni

Tamisha Martin

McCarron James

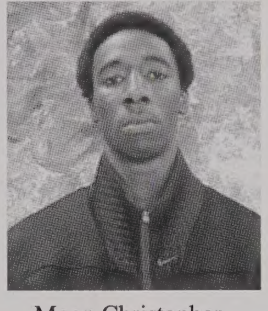
McLaughlin Julia



Mefford Michael

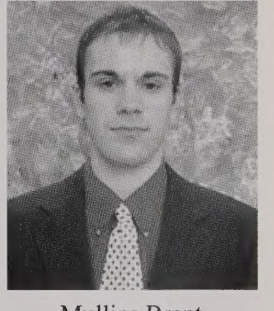
Meige Corrina

Molde Brooke



Moon Christopher

Moynihan Allison



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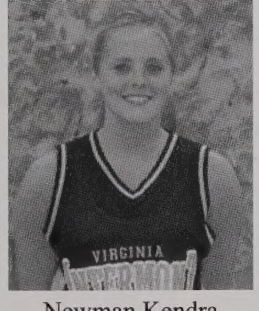


Newman Kendra

Page Jeremy

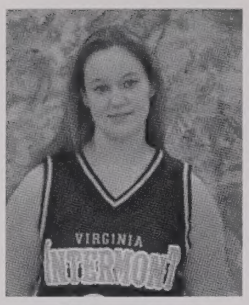
Palmer Erica

Parson Rei

Peace Katherine

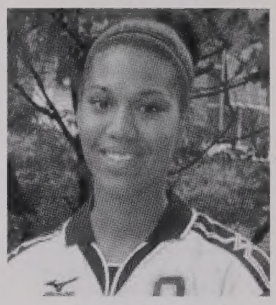
Absent on page: Gravely Maurica, Hall Victoria, Harris Amy, Harris Hillary, Hays Katherine, Holland Jonathan, Houser Robert, Jackson Whitney, Jobe Sarah, Johnson Kristin, Jones Shanna, Jordan Reconula, Keating Erin, Kiser Jonathan, Kistner Eli, Alex Lo PO-Man, Lyttle Laura, Meadows Ryan, Mullins Daniel, Myer Brittany, Nester Miranda, Novak Sonja, O Donnell Colleen, Owens Lauren, Partridge Adam

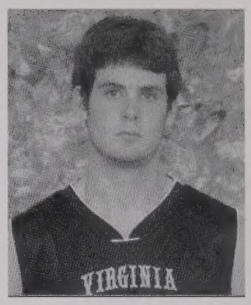
Pearson Shane



Rhineart Katie

Rife Samantha

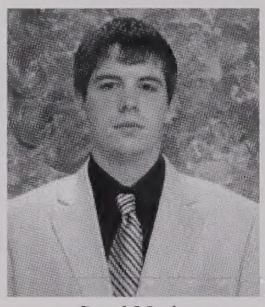

Scales Channell



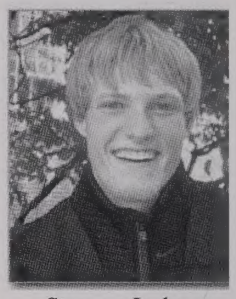
Scorsome Michael

Shackleford Brandi

Shockley Tina


Steel Nathan

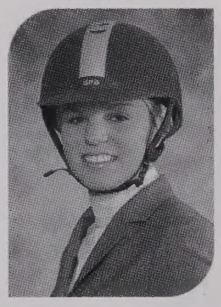
Stefko Kara

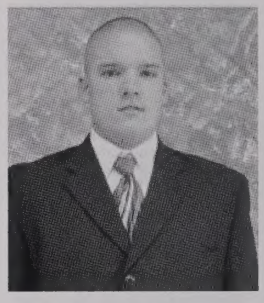

Stevens Joshua

Terrell Tiamoyah

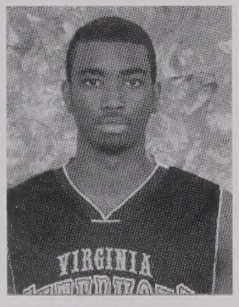
Trakalo Ashley

Vaught Landon


Wahl Margaret

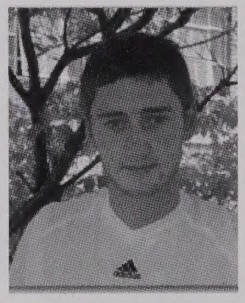

Ward Derek

Whisman Kathryn



White Courtney

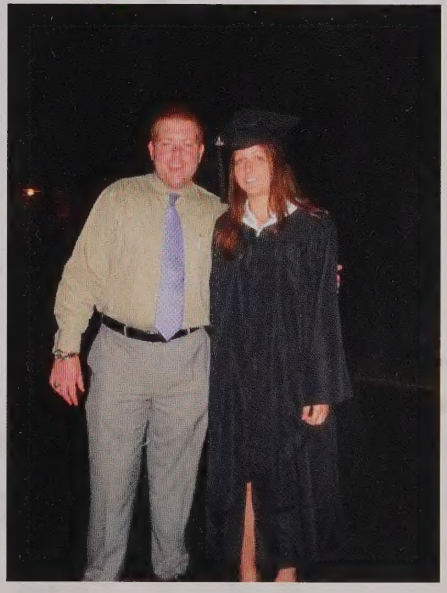
Williams Rebekah


Wood Marrk

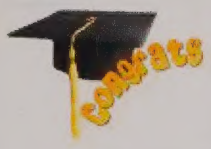
Absent on page: Pilgrim Raven, Porter Darrell, Reisfield Alexa, Rigbsy Trice, Sacksteder Leah, Sigmund Candice, Smith Amelia, St. Landau Emilie, Stover Amanda, Thompson Cailin, Tollie Sarah, Wagner Kathryn, Welch Amanda, Wilkey Christopher, Williams Jared

Baccaleaureate

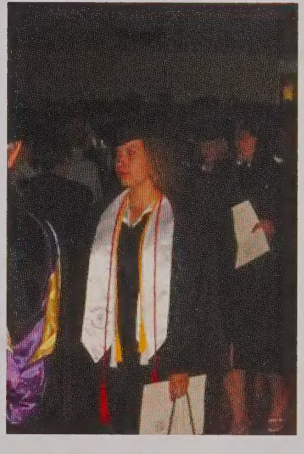
CLASS OF 06



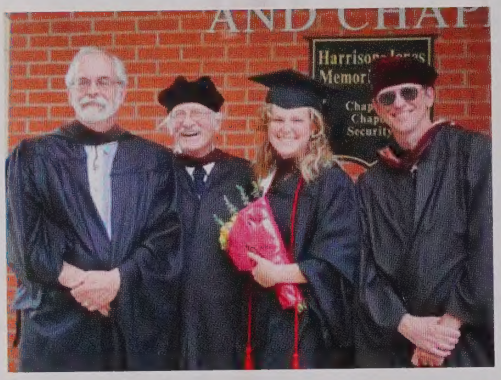
Lunch

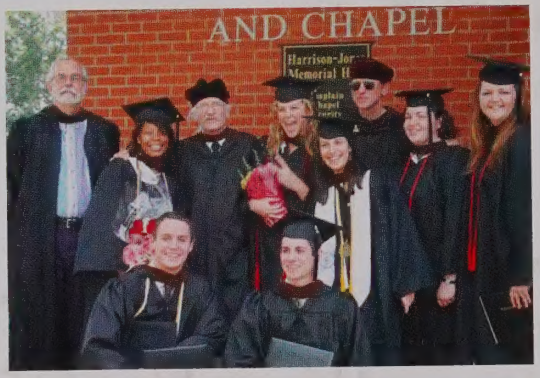


Commencement



Graduation





Congratulations Graduate!

Dè Já Vu
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